



Gratitude **REPORT**

2020 - 2021

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We were the bubble, and we had to figure out how not to pop.

A local Saskatchewan girl, I was raised in the area of Lloydminster almost my entire life. I distinctly remember driving past Thorpe (at its current location in Blackfoot) and wondering what exactly was going on in that dark giant building with the tall wooden fences. Years later when I arrived for my first day as a Community Support Worker, I again had the same thought. Now, three years later, in my role as Admissions Administrator I no longer see the structure the same way. The wooden fences and arbours remind me of tall trees, standing guard against a judgemental and hurtful world. The giant building doesn't seem so cold from the inside,

and the halls are either filled with a healing silence or deafening laughter. When I drive by this place now on my days off, I think of the bravery that fills these halls and stuffs them to the very brim with hope. Since that first day, that feeling of warm assurance has not been shaken, until March 2020 when the pandemic hit. Suddenly, we were no longer in a bubble from the cruel outside world. We were the bubble, and we had to figure out how not to pop.



Upon the initial shutdown of admissions due to the pandemic, things still felt okay; we carried on forward, we kept everyone safe and tried to grapple with the implications of coming to work everyday in a world that might not be safe. Decision fatigue set in almost immediately- do I decide to stop for groceries and risk everyone in my household and workplace or do I cook ramen for the 10th night in a row? Do we risk a client coming in with detox-like symptoms that could potentially be COVID-19? How do we differentiate between the two? And furthermore- how is staff supposed to process the changes that are coming every single day and still don't feel like enough? I recall doing one of my first luggage checks upon the reopening of admissions: I had a full body gown, pants, googles, mask, and gloves. Amidst the almost constant media reports of ventilator shortages and COVID-19 related deaths, these precautions didn't even feel close to enough. I undressed at the door of my home that evening for fear of bringing the virus into my household.

As the months wore on, COVID-19 began to feel horribly normal. We no longer took selfies in our masks, we didn't match our masks to our outfits, and we certainly didn't watch the death toll on the news anymore. This had become the trudge, and we had to make it up the hill. Going into Christmas of 2020, TRC again faced a lockdown and the Admissions office was forced to close for a period of time to ensure client and staff safety. For two weeks Joanne and I in the Admissions Office turned away every call that was made for treatment or detox. We cancelled every client that was booked to attend. We listened to tears from clients who were displaced and faced spending the next two weeks in a shelter, or worse. We listened to parents and loved ones who begged to admit their loved one. We were helpless, and we couldn't do anything other than hope this time would pass and that the people seeking treatment would remember to call us back.

The months continued to wear on, we did reopen for admissions (right before Christmas no less!) and with the rollout of the vaccine things began to stabilize. Did we dare hope for normalcy again? Was our TRC bubble safe again? As the spring turned into summer, reassurance fell like a mist over the building. We had made it. Wait, had we? Did we? With activities at Thorpe ramping up like the opening of the Serenity Garden, client visitations, and recreation, I know that the time of fear has passed. We can feel excited that the building is full, instead of fearful of outbreak. And for those of us in the Admissions Office (at least myself), I can once again think of Thorpe as a place of hope and serenity.

Megan Fraser

Admissions Administrator | BA

WELCOME & THANK YOU



Teresa Krueckl
Chief Executive Officer

Senior Leadership Team



Emmy Kuypers,
Clinical Director



Tim Van Staden,
Director of Operations

By all measures, it was an amazing year for Thorpe Recovery Centre. As we complete our 46th year of helping so many on their recovery journey, I had no idea that we would not only seamlessly expand our services but that we would come together and continue to provide a high level of therapeutic services through a pandemic we never thought would end.

There are so many moments to savor and challenges to remember, I can safely say that I have never encountered anything like the COVID-19 crisis that upended our lives in 2020. Difficult to navigate at times but we followed the unknown, the tough protocols and managed to prevent an outbreak. We were able to fully focus on ensuring standards were in place, to keep everyone safe and healthy and support each other as a community.

In February of 2020, we received word from the Alberta Government that we would be included in their tremendous expansion of treatment spaces. We began slowly and agreed we would be at full capacity by July 1, 2020. We began readjusting our space and our programming to accommodate additional clients and fell into our new norm of multiple groups and full use of our facility.

Thanks to additional grant funding we were able to work on several capital projects that include the completion of the first phase of our dream, the Serenity Garden and walking paths. We went on to expand our fitness area, begin renovation on our client courtyards and replace mattresses for 60 beds.

It's truly a wonderful thing to sit back and watch the number of individuals that fill our facility and to watch our staff interact. We have become masters of change and growth, and will continue to enhance services where possible building a strong supportive community of recovery.

Special thanks to the board of directors for their strategic direction over the past year and to our staff, whom I have the privilege of working with each day. Our staff are the backbone of our organization and I thank you for your dedication.

I am pleased that our centre passed the test, rising to unparalleled challenges and has continued to create incredible experiences for our clients, shareholders, families, employees, and our recovery community.

Sincerely,

A handwritten signature in black ink, appearing to read 'Teresa Krueckl'.

Teresa Krueckl
Chief Executive Officer

WALTER A. "SLIM" THORPE RECOVERY CENTRE SOCIETY

Our 2020-2021 Board of Directors

Introducing the 2020-2021
**Walter A. "Slim" Thorpe
Recovery Centre Society
Board of Directors**

Paul Richer
Chairperson

Marie Gerhardt
Vice-Chairperson

Greg Buchanan Blake Hassall Gary Herriot Randy Schenker Dick Vokins Sharon Williams Marty Kindrachuk

What we aim to achieve this term:

- Increase awareness of substance use disorder recovery and the services Thorpe Recovery Centre provides.
- Enhancing the facility and use of resources to better serve the community.
- Grow the Society

Together we improve lives through overcoming addiction and mental health concerns.

Are you interested in supporting Board projects or joining our Society? Contact us at board@thorperecoverycentre.org

 Contact Us:
board@thorperecoverycentre.org

Learn More:
thorperecoverycentre.org

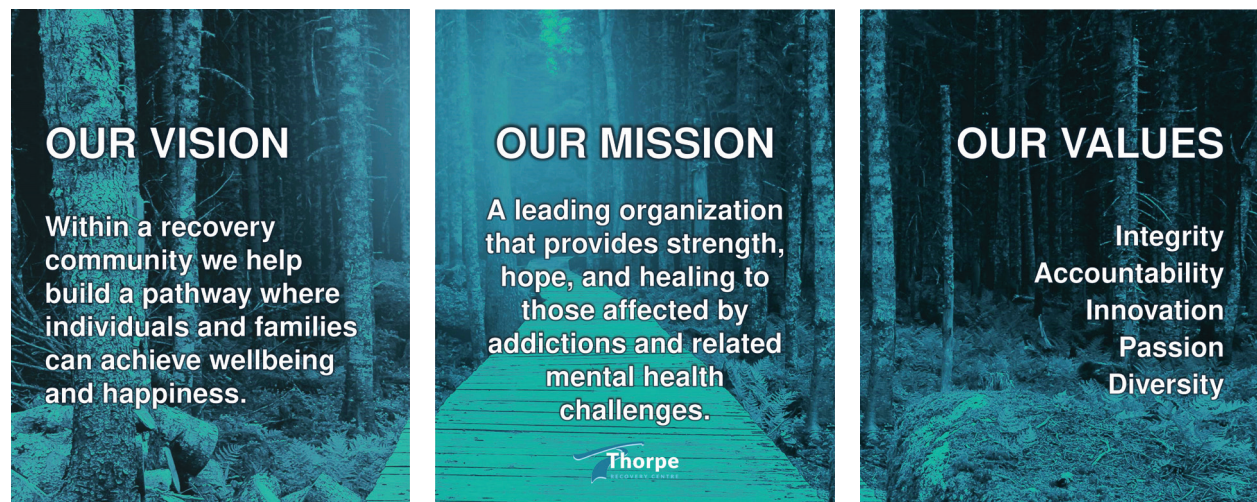
Interested in joining the board? We welcome 5 – 9 Society Members to govern the high-level operations of the Society. This includes:

- Represent the Society in a positive manner.
- Participating in fundraising initiatives.
- Recruit and engage society membership.
- Participate as a collective in high-level decision making regarding resource management and strategic direction of the organization.

Does this sound like something you're interested in? Let us know!
board@thorperecoverycentre.org

NEW MISSION, VISION & VALUES FOR 2021

Looking to the future, our CEO and Board Members came together to set a strategic direction for the organization. The future is bright as we continue to grow and build recovery capital for those we serve.



Society Continues to Grow after 46 Years

Operating since 1975, the Thorpe Recovery Centre has been providing quality programming to individuals and families who have been affected by addiction and mental health challenges.

As a member of the Society you will be engaged through newsletters, events, and volunteering at the Thorpe Recovery Centre, including the opportunity to serve on the Board of Directors. The Society uses its strong, collective voice to shape how the organization operates and to advocate within the community for the betterment of lives of those we serve.

Your lifetime membership means you will be a part of the life-changing mental health programs that will improve the wellness of your community.

Join Today!

Visit: thorperecoverycentre.org/board or speak with any of the board members listed on page 5.



As restrictions from the COVID-19 pandemic ease in Alberta and Saskatchewan, we take this time to reflect on the past year (and some), and renew our outlook on the short- and long-term future. As a financial institution of choice within Lloydminster and surrounding communities, we understand the impacts of this global event on our wellness – mentally, physically, emotionally, and financially. We recognize the community partners that have stood up to support and protect from their area of specialty.

Thorpe Recovery Centre recognized the need for financial literacy education when we began this journey together over three years ago and it is now more important than ever. During events like this, it is easy to cut down operations to provide the bare minimum. Instead, we transitioned to digital delivery without skipping a beat. We experienced change not only in delivery, but in relationships too, as staff moved on. We maintained open communication and kept going. In the face of adversity, it is our actions that will see us through and we are grateful that Thorpe Recovery Centre continues to stand up with us.

We are looking forward to continuing to provide free, unbiased financial literacy education to Thorpe's clients and staff, and supporting each other on the road ahead.

**More about Financial Literacy with Synergy Credit Union here:
Synergy - In Our Community (synergycu.ca)**

**More about Synergy Credit Union here:
Synergy - Who We Are (synergycu.ca)**

Tamara Sayer

Implementation and Adoption Analyst
Former Chair of Financial Literacy Program
Synergy Credit Union

STRATEGIC GOALS 2021

FOUNDATION

Our Mission

Why do we exist?

A leading organization that provides strength, hope and healing to those affected by addictions and related mental health challenges.

Our Vision

Where are we going?

Within a recovery community we help build a pathway where individuals and families can achieve wellbeing and happiness.

Our Values

How will we behave?

Innovation
Integrity
Accountability
Passion
Diversity

PILLARS & OBJECTIVES

Client & Family Focussed Care

To increase awareness of the Thorpe Recovery Centre and quality of services.

Human Resources

Increased membership, participation and engagement.

Recruit and retain qualified employees by building a positive and rewarding career experience.

Infrastructure

Optimize the utilization of the Facility.

Financial Stability

Expand revenue streams for financial sustainability.

OUTCOME MEASUREMENT

How will we measure success?

Staff Turnover
Time Away (Sick/Leave)
Monthly Intakes
Repeat Referrals
Bed Occupancy
Balanced Budget
Donation & Grant Funds

IMPLEMENTATION

How will we hold ourselves accountable?

- Regular Board Meetings
- Audited Financial Statements
- Team Meetings/Huddles
- Quality Improvement Reports
- Annual Report / AGM
- Accreditation Canada Survey



OUR SERVICES



I have been involved with Thorpe Recovery Centre for about 17 years. I began my own recovery journey in 2002 and after that, began taking clients of the centre to outside meetings. I became a contact for people leaving the centre, and have come to know many successful clients over the years, and some of them have become close friends to this day. I joined the Board of Directors for 3 years in 2015 and have just recently returned to serve on the board for another 3 years. I volunteer for projects and share my story with the Thorpe Community when asked.

I am involved in the 12-Step recovery community in and around Lloydminster and have seen first-hand the results of lives spared the pain and devastation of addiction, many of whom are Alumni of TRC.

As a board member who has lived, worked and found recovery in the community, I feel I have a direct connection with those the Centre serves. I can be a voice on the Board for the people who are starting their recovery journey.

The interaction I have with the clients and staff is one of the most rewarding experiences of my life. It's a chance to help others as well as myself grow! I would encourage anyone to become a Society Member or volunteer with TRC and become part of a terrific organization.

CORE PROGRAMS

Medically Supported Detox

The first of our three core programs. Designed for those who are in need of a safe withdrawal from chemical substances (drugs, alcohol).

- Biopsychosocial assessments
- 7–10 day process to withdraw from substances of choice.
- Dedicated team members to provide social, medical, and psychoeducational support.
- Structured programming tailored to individual's needs.
- Therapeutic community model

Messages from Medically Supported Detox Participants:

- I found all lectures & topics to be very well balanced. Was also valuable (while in detox) to be part of the program sessions with everyone else — it made me feel part of the larger community. The staff was also fantastic!
- When I first came in I was very scared to let out my feelings but I trusted my case worker cause she showed me how to handle it and to be open to others — thanks Melissa.
- So far this has been a very wonderful experience. Very emotional and eye-opening. Very supported by staff and peers. I am highly thankful as I've never been to treatment before.
- I thoroughly loved it, it got me to be honest with myself and come out of my shell. It truly made me love myself.

Residential Addiction Treatment

The second stage of our core programs. Long-term recovery-focussed programming for individuals living with a substance use disorder or process addiction. Participants must enter the program with a minimum of 7 days sobriety and abstain throughout programming. Opioid Agonist Therapy maintenance can be discussed as needed.

- Biopsychosocial assessments during 4-day transition period.
- Customized treatment plan that includes assignments, specialty groups, and sessions to focus on the client's wellness needs.
- Dedicated Social Worker & Primary Counsellor; access to entire clinical team.
- 42, 60 & 90 day program options.
- Structured programming that includes recreation, peer-support, group sessions, life skills, psychoeducation, wellness coaching & more.
- Therapeutic Community Model

Messages from Alumni this past year:

- Overall was a very positive experience. Got more out of it than I was expecting — my counsellor went above and beyond and always felt supported.
- Program saved my life.
- Starting I was lost and had lost myself. Thorpe helped me find the woman inside I knew I could be. I have started to heal from past traumas — found forgiveness for myself. I feel confident I have learned the skills needed for recovery and happy & healthy life. Thank you.
- No doubt life-changing. Enjoyed/learned from different client stories. Debbie was pinnacle (identifying strengths/weaknesses/areas to concentrate) couldn't have asked for better - will keep her life advice forever.
- My experience at Thorpe was great. I've learned a lot about my life traumas. Also the key to my success is acceptance.
- My experience was amazing — I started loving myself again.

Recovery Management

The third core program Thorpe Recovery Centre offers. It is the crux to maintaining a life of recovery outside the facility. Resuming addictive behaviours after a residential treatment program is most probable within 90 days of completing the program. Recovery Management asserts a positive recovery structure and network for Alumni.

- Three months provided to all Residential Addiction Treatment graduates. Participation can be extended.
- Post-treatment online program to be a facet of long-term recovery maintenance.
- Facilitated peer-support groups to process recovery issues.
- Participants in various stages of recovery journey from recent graduates to 2+ years of sobriety.
- Proven to assist in the first 90 days of recovery; the time when the most recurrences of substance use happen.

IN MEMORIAM

ROD DRURY

1955-2020

Long-time employee and friend of Thorpe Recovery Centre, Rod Drury passed away in September 2020. During his many years with us, he worked hard to make Thorpe feel like home to anyone who entered, which also included an onslaught of puns and jokes that kept us in stitches. Rod's legacy is throughout the facility, visible in the many woodworking projects and creations to make the space better for all. Rest easy, Rod.



SUPPORT PROGRAMS

Family Intensive

When you're supporting someone in their recovery, it can be difficult to balance your own needs with the needs of others. This online workshop will help you re-focus on your own wellness and gain the skills to set healthy boundaries, communicate effectively, and manage stress. The workshop also includes information on:

- Codependency,
- Addictive Disorders,
- Grief,
- Addiction & the Family.

Led by addiction counsellors, participants will connect through a video platform to engage in lectures, join group discussions, and connect with our team. There will be after-hours assignments to assist in the continued growth of the individual.

Connecting with an in-person support group (Al-Anon) or counsellor is recommended.

The program runs monthly. Visit thorperecoverycentre.org/family-intensive or call **780.875.8890** to learn more and to register.



I started volunteering at Thorpe Recovery Centre last summer when the run group was approved and ready to go. I was approached by a counsellor, Vera, to help out. My own run group, the Lloydminster Runners are a diverse group of individuals of all abilities and levels of running experience. What I brought to the table was yoga and years of experience teaching and practicing. Running and yoga go hand in hand. Volunteering at TRC with the Lloydminster Runners means that the running group members finally get their once a week stretches in (it's an ongoing joke that I 'make' them stretch).

Volunteering at TRC on Tuesday evenings has been the highlight of 2020/21. What we discover each time is that the clients are willing to try, they come wide open, they bring their humour and jokes. Once in a while I am out run by them, some of the clients are fast! So I feel they give me the workout and not the other way around!

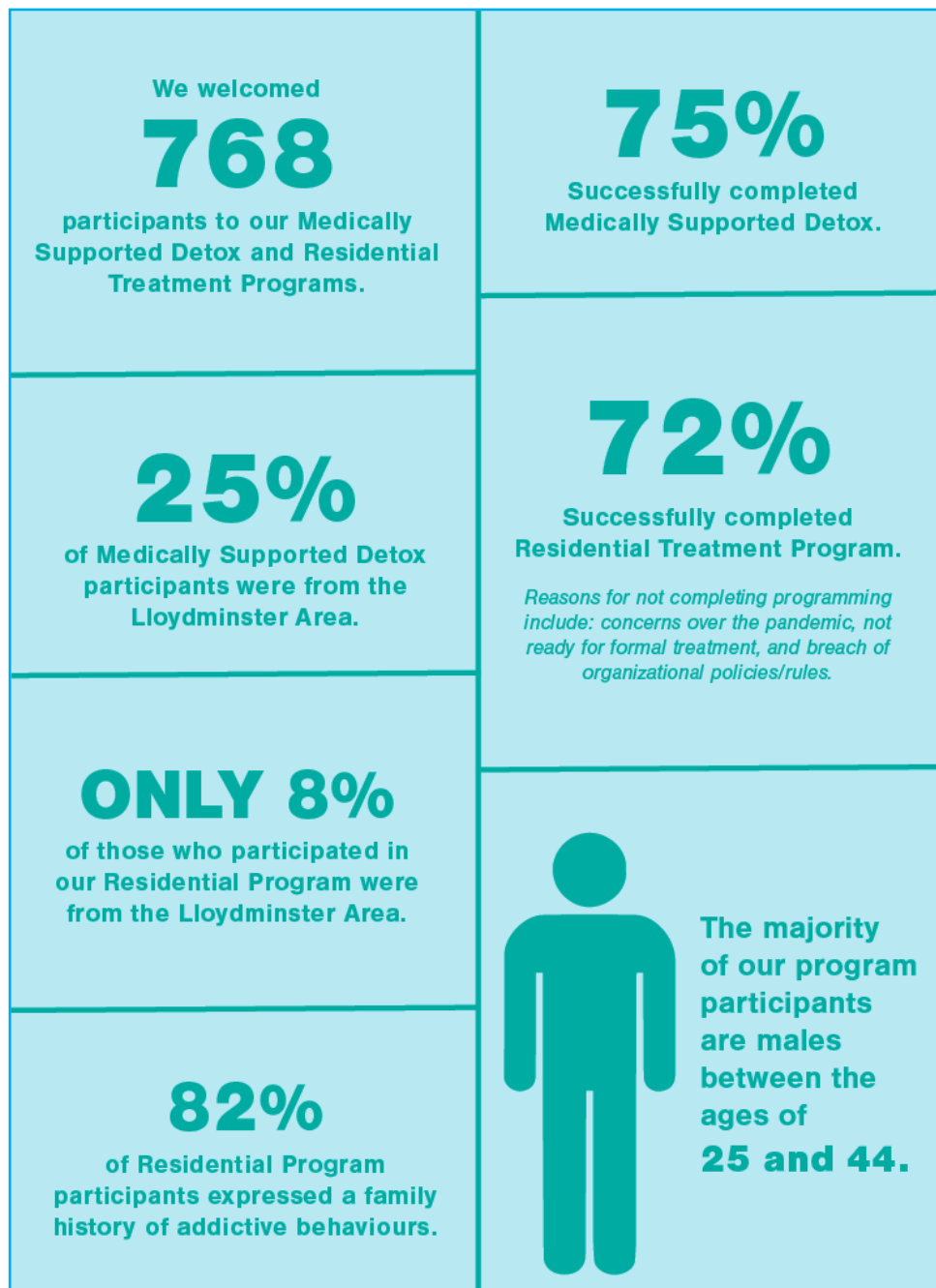
I have heard some inspiring stories as we run. The evenings are cool and calm, the gravel road and the fields and trees are lit up by the low sun. The struggles of recovery seem to

ease up a bit while out in nature and it's an honour to run alongside that feeling.

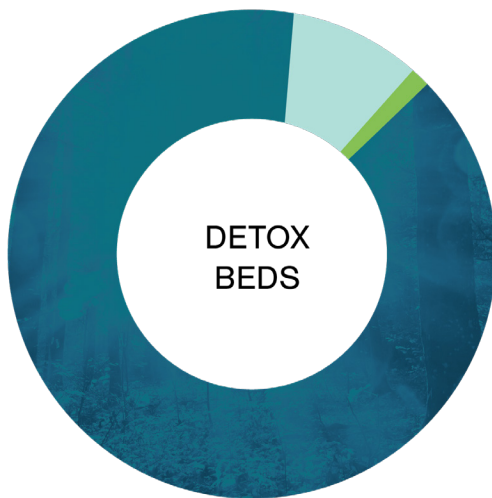
One important thing to note is that a few of the clients have continued to run after their program was complete and have found local running groups within their own communities to connect with. I'm proud to volunteer for a group that inspires others and gives them confidence to succeed.

Rikki Ducharme, Sage & Seven
Volunteer

THE LIVES YOU'VE CHANGED

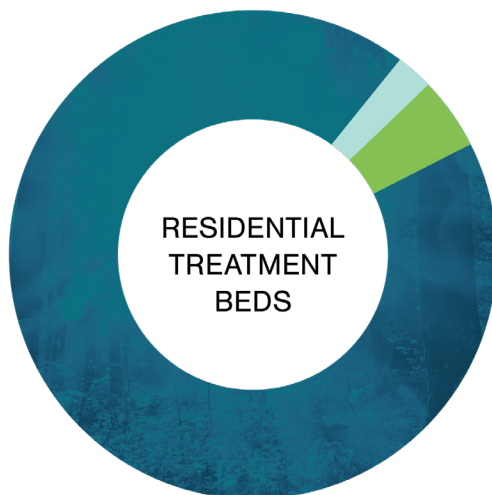


BED USE



Of our 12 Medically Supported Detox Beds:

- 252 people were funded by Alberta Health Services.
- 88 people were funded by Saskatchewan Health Authority.
- 38 were privately funded.



Of our 60 Residential Treatment Beds:

- 285 people were funded by Alberta Health Services.
- 30 people were funded by Saskatchewan Health Authority.
- 73 were privately funded.

THOSE WE SERVE:

DEMOGRAPHICS

Data collected from program participants of our medically supported detox and residential addiction treatment programs July 1, 2020 to June 30, 2021.

	DETOX	RESIDENTIAL		DETOX	RESIDENTIAL
AGE AT FIRST USE			PREVIOUS TREATMENT HISTORY		
Under 10	3%	2%	First Time	35%	39%
10 - 14	22%	26%	1 - 3	35%	44%
15 - 19	34%	37%	4 - 6	1%	1%
20 - 24	17%	17%	7+	0%	0%
25 - 29	9%	7%	Former TRC Participant	25%	14%
30 - 34	8%	5%	Detox Only	3%	2%
35+	7%	5%	Undisclosed	1%	0%
PRIMARY DRUG OF CHOICE*			REFERRED BY		
Alcohol	35%	45%	Self/Family	57%	38%
Cannabis	6%	6%	MH Professional	38%	53%
Cocaine and Crack Cocaine	16%	21%	Employer	5%	9%
Crystal Meth	26%	15%			
Opiates	15%	11%			
Other/ Various	3%	2%			
KNOWN MENTAL HEALTH CONCERNS					
	35%	37%			

*Most individuals have secondary and tertiary substances of choice. This listing is the primary presenting problem upon admission.



I hold recovery so close to my heart as someone who is in recovery myself. When I was 17 I was checked into Calder Centre in Saskatoon for substance abuse issues. And now as an adult I have to keep myself away from alcohol because it so easily becomes my primary “coping mechanism”.

The people of this area are so blessed to have such an amazing facility and we as a society need to support the efforts of people trying to make a different way. It's so easy to sit back and complain about the drug problems in Lloyd, but what everyone needs to do is to step up and be part of the solution.

Holly Flemming, Gray & Arbor Photography
Donor



I choose to support the Thorpe Recovery Centre because I have personally been a resident at the Thorpe, as I am a recovering addict. I know how important and crucial facilities and support like the Thorpe are in helping people recover their lives. I have been clean for almost 18 years now, and I can honestly say I wouldn't be where I am today without it. I'm thankful to now be in a position to give back to the recovery community that helped me get here!

Mindy Hawthorne
Alumnus & Donor



I was first introduced to Thorpe Recovery Centre as a client in 1997. I feel that it is a true blessing that I was able to experience first hand the life-changing programs and supports that Thorpe Recovery Centre has to offer!

I am grateful that I am able to contribute in any way to help ensure that all who seek recovery may have the Thorpe Recovery Centre available for them. To be able to give back and support the Thorpe Recovery Centre as a volunteer is definitely a humbling honour!

Randy Schenker, City of Lloydminster
Alumnus, Volunteer & Board Member



My wife and I joined the Society about 20 years ago, and I was elected onto the Board of Directors 7 years ago. Regardless of my position within the Society, my focus is the client's needs. The Thorpe is one of the top addiction recovery centres in western Canada. This would not be possible without volunteers and Society Members.

I am proud to be a Society Member; this year I would love to see our Society double or triple in size. I would like to take this opportunity to ask you for your membership. There is a one-time fee of \$25 to be a lifetime member. The strength of our influence is the strength of our society. Together we improve lives. Join today!

Dick Vokins, Image Press
Volunteer & Board Member



I am proud to say I've been a Board Member of the Thorpe Recovery Centre for over 12 years because of the great work that happens there. In my time with the Society I have helped with many fundraising projects as well as helping to plan our 40th anniversary celebration. Knowledge of their programs and how staff are enriching people's lives is heart warming. Everyone should have the opportunity to change their life for the better, and they have been doing just that for almost 46 years. Keep up the great work TRC!

Marie Gerhardt, Safeway
Volunteer & Vice Chairperson



Thorpe Running Program was started by local runners/human services workers who recognized how running helped them cope with stress and promote their wellbeing. Wanting to share this with others, they were joined by a groups of local runners from the Lloydminster Runners club, and the Thorpe Running Program was born. Now the group runs/walks with clients from the Thorpe program weekly from spring to fall.

Lloydminster Runners Club
Volunteers



I was drawn to the organization as I was finally able to make an impact in my community that has given me so much throughout the years. I am just so proud to be a part of a group of hard-working, dedicated people that are striving to make and change and improve our community for now and into the future.

Blake Hassall, Certified Accountant
Volunteer & Board Member



45 years ago, a made-in-Lloydminster solution was formed by Mr. Thorpe and Mr. Harris to help people who had no where else to turn. The draw in being a Society member and now a board member, is contributing to this legacy in an industry that serves others, potentially saves lives and the well-being of family units. Not only that, they employ over 70 people in this very area and impact the lives of hundreds of others from both Saskatchewan and Alberta every year.

Mental health and addictions often go hand in hand with our region experiencing far higher frequencies of problems than the national average. The Board and Senior Leadership team will continue to lobby for additional mental health and addiction support for our community and are grateful for the significant increase in funding provided by the Government of Alberta in February 2020. Alberta really came to the table recognizing the importance and timing of this social issue that affects 1 in 3 Lloydminster & area residents.

Paul Richer, Universal Consulting Group Ltd.
Volunteer & Chairperson

IMPROVING SERVICES

Service delivery increases by 175% thanks to Government of Alberta

On February 1, 2020, it was announced that the Government of Alberta, lead by the United Conservative Party, would fund 76 new addiction treatment beds across Alberta, of which 36 would be at the Thorpe Recovery Centre. After years of advocating, letter campaigns, over 2000 opioid-related overdoses in the province, and empty beds, our hard work payed off.

Alongside our peers of Sunrise Healing Lodge and Fresh Start in Calgary, our CEO Teresa Krueckl reflected on the recognition of the importance of our work stating, "it would be an understatement to call the last eight years an 'absolute crisis' and there were many times we discussed having to close... We knew there was a crisis. We needed somebody to listen and today's the day." Continuously operating at 30% capacity since opening our new facility in 2012, the prospect of a full building was a dream-come-true. Krueckl stated, "it's been difficult over the last eight years and we're excited that we have a government that's interested in offering options and reducing barriers for Albertans."

Further reducing barriers, the Government of Alberta announced in October 2020 that it eliminated the \$40 a day user fee for residential treatment programming. This move made the publically-available residential treatment services in Alberta 100% funded. For Thorpe this meant that all 38 Alberta Funded treatment beds were now easier to access. Prior to this, applicants would need to coordinate funding from AISH, Alberta Works, or pay out-of-pocket the \$1,680 fee. This fee for 8 of the 38 Alberta Funded beds remain to be subsidized by Alberta Addiction and Mental Health.

Now, the greatest barrier for applicants is the \$150 medical assessment fee charged by physicians and transportation to our centre in Blackfoot, Alberta. Although we are unable to reimburse the medical assessment fee, we have partnered with Border City Connects who will assist in transporting individuals from Lloydminster to the centre. Many arrive by bus to Lloydminster, but then are unable to afford the cab fare out to the centre. We are so grateful for the volunteers at Border City Connects for helping us make treatment more accessible.

Additional detox beds allow the flexibility to provide one of our detox spaces to a person who was scheduled for Residential Program and arrived requiring more



Giving back has always been in me to do since I was born. I was raised in a highly codependent lifestyle. In the last 7 years of my life I have learned how to give back with boundaries that enable the growth of myself and the people I give to.

One of the gifts I received from the community that I live in was the gift of meditation. I mastered the art of disconnecting through codependency. Meditation gave me the tools to connect over disconnect. For me to hold that gift back from others makes no sense at all. What I get from giving to the residents at Thorpe Recovery Centre words cannot say. To see beautiful souls wanting to learn new tools so they connect to who they truly are is so amazing.

The energy I get after volunteering is such a beautiful gift that adds to my soul. I truly am grateful for the time I have at Thorpe.

Nathan Grindle
Volunteer

withdrawal time. This prevents our need to turn them away until they have reached the required 7 days clean prior to Residential Program.

From April 2020 to March 31, 2021 we helped 697 people on their recovery journey. Of those over 230 were made possible because of the expansion funding from the Government of Alberta. For reference, during April 1, 2019 to March 31, 2020 Thorpe admitted 444 people in the medically supported detox and residential programs.

Here are other improvements we've noted:

- Wait list is down from 12-16 weeks to 4-8 weeks.
- Call volume has increased by approximately 3x, due to the awareness of our bed expansion and elimination of the \$40/day fee.
- Of our 72 beds, our occupancy rate for June 2021 is 82.5% (average 60 clients), whereas in July 2020 it sat at 55.2% (average 39 clients).

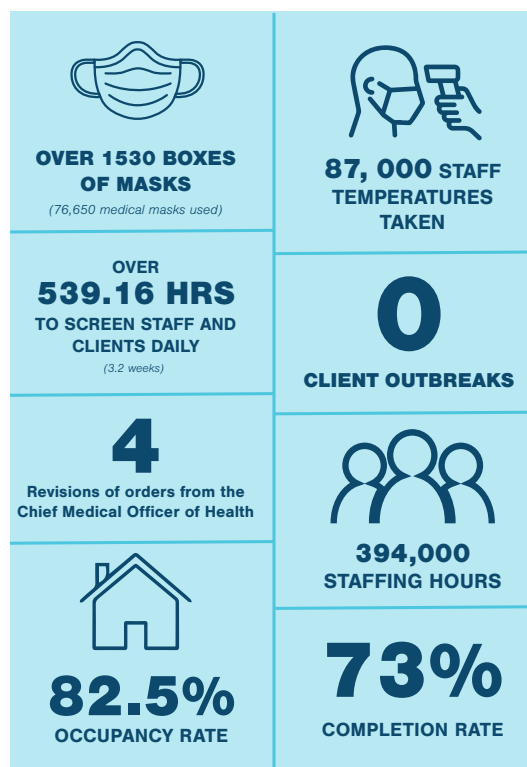
On top of being able to help more people each year, the funding has enabled the growth of our team, enriching our delivery of services, and enhancing our quality of care. Some of these team enhancements include a Recreation Coordinator to provide holistic activities for the bio-psycho-social wellbeing of those we serve; Social Workers who connect clients with resources in their home community before they depart and facilitate the coordination of legal, Child and Family Services, and other wellness needs; more nursing staff on each shift, including dedicated intake nurses, one of which is a Psychiatric Nurse.

Perspective from the Pandemic

February 2020: we celebrate the announcement that the Alberta Government will fund an additional 30 Residential Treatment and six Medically Supported Detox beds in addition to topping-up the fees paid for detox to meet the standard per-diem at Thorpe Recovery Centre. This commit of \$2.2M a year, for three years, will help over 260 additional Albertans who struggle with substance use disorders each year. Although the funding is below the operating cost, it enables the organization to focus on filling beds and improving care. Plans are set to hire a Social Worker, Recreation Therapist, Psych Nurse, and enhance the nursing and counselling teams. The funding is a dream come-true to finally see the Centre near its capacity.

Then, comes the announcement on March 16. The novel coronavirus encroaches on Alberta and we're at a standstill on what to do next. The threat of an outbreak at the Centre is daunting. Our team takes action to reduce exposure at the facility and adopts the protocols Chief Medical Officer of Health CMOH 06-2020, the first of our ministerial orders in response to the pandemic. Suddenly, our newly available beds are no longer desired for the fear of infection. It takes a few weeks, but the communication of our funded beds as well as our health and safety protocols reach our referrals and we see admission numbers slowly rise.

During this time, we are humbled by the support of the community with donations of fabric masks, ear-saver bands, and medical masks. We were able to equip our front-line staff and clients with the tools necessary to host safe in-person sessions.



When working in a Community Therapeutic Model, it was difficult to reimagine and reconfigure programming to accommodate spacing while still maintaining a cohesive unit. Group sizes were reduced, limiting the peer support. Masks were donned, making it difficult to convey and understand a story. Connection waned across the facility. We relied on the communion of peer groups and support. We relied on our large gatherings of the Thorpe community to celebrate achievements. We had to stop recreational and support group outings, encouraging high-fives, the comfort of hugs, the intimacy of family visits. We had an identity crisis; what is a community model without the community?

One of our first adjustments to maintain connection was investing in web cams to join the online 12-step and SMART Recovery support group meetings (a feat in itself as the entire world sought the same technology). Our rapport with the surrounding recovery community is one of the pillars of success of those we serve.

By June, we successfully modified programming in a meaningful way while maintaining infection prevention and control protocols. This included an increase of staffing to host smaller groups, connecting those we serve with resources in their home community, offering our Family Intensive online, using our gymnasium as a meeting and therapeutic activity space, and embracing technology as best as possible to connect across the facility and into the recovery community. Our Lunch & Learns are now hosted online and more accessible to our broader community; we now have attendees from as far as Calgary and Moose Jaw. We found our stride with the amended ministerial orders and with the help of the Tent Guys, we were able to host outdoor family visits to reconnect those we serve with their loved ones in a safe manner.

On through to the Fall, when we were to celebrate our 45th year improving lives. This, of course, is put on hold with the hope we can celebrate in-person “once this whole pandemic blows over”. A silver lining of the pandemic is the awareness brought to mental health needs in our communities. In September we had a record-breaking Sober September campaign and our 60 Sober Heroes raised over \$15,000 for the Centre. The 840% increase in funds raised is thanks to a better understanding of the importance of mental wellness. Thank you to everyone who participated and donated to this campaign.

Positive COVID-19 cases continued to climb in Alberta and we came to the realization that we’re committed to modified programming for the long-haul. We look to modify our largest space, the gymnasium, into a better environment for meetings. At the time, voices were echoed, making it near-impossible to hold a decent group discussion or meeting. With the assistance of funds from Sober September we were able to install sound absorption panels in the rafters which significantly improved the quality of sessions within the gym.

Realizing we could not celebrate our 45th year in person any time soon, we opted to host our Annual General Meeting online. With a modest, yet effective, attendance of society members, we bid farewell to outgoing chairperson, Tom Lysyk, and director, Richard Stephens, and welcomed new directors Greg Buchanan, Blake Hassall, Sharon Williams, Marty Kindrachuk, and Gary Herriot. The usual presentations and showcase of our year-in-review was foregone for the sake of brevity. Needless to say, we look forward to hosting our supporters on-site in the future to share in the stories of the lives they changed.

Enter December 2020 and we find ourselves with a staff-related positive case and are on lockdown. Admissions are halted, clients are now isolated in their dorms and staff contact is restricted. With funds from the Lloydminster & District United Way we were able to purchase isolation kits with TVs, game consoles, DVD players on carts to travel through the hallways to bring entertainment between the one-on-one sessions with counsellors (since social-distanced group meetings are no longer possible under the conditions). The tone within the facility is unsettling. Staff are frustrated that they cannot continue with the traditional treatment plans and come up with unique ways to engage the therapeutic community. Clients are frustrated with their sudden loss of community and freedom. Because of the unanticipated lockdown and the realization that Christmas is around the corner, nearly half of our population decides to terminate treatment prematurely. Our team continues to strive for a positive experience and makes the best of the holiday. However, after two weeks and two rounds of testing of all staff, clients, volunteers, and contractors, we have no other cases and are cleared to resume ‘normal’ operations.

We start the new year with a sigh of relief. We made it through our first case and have found a strength we didn't know existed. Our team is sharp, focussed, and we all work together to provide the best possible treatment program. With admissions resuming, we have a flood of new clients and welcome 67 new faces into our Centre; quite possibly the most people we've ever had in a single month!

That brings us to today. We look back on the year that transformed how we approach recovery and wellness. This was a year of revolution; and although the pandemic has brought challenges, we have emerged stronger than ever. We have improved the client's connection to their home communities through Alumni Mentors and resources through our Social Workers, we have modified our staffing to better support those we serve, we have made our Family Intensive program more accessible to those who are affected by addiction.

The pandemic has been a nuisance, but perhaps it is something we can still be grateful for. Finding the little joys in every day is something we encourage at the Centre, and we would be hypocritical if we didn't follow this practice too.

We wish to thank everyone who has reached out, supported, and advocated for mental health and addiction this past year. You have made the pandemic a shining moment in Thorpe's history.

Renovating Service Delivery

Going from process groups in a cozy circle to a large, spaced-out room was a major change last spring. Our meetings were disjointed, and we lost a sense of connection. But, throughout the months we adjusted and make our space work for us.

- The gymnasium was transformed into a lecture and large meeting room, fitted with sound panels to reduce the echo as well as an updated audio and video display to ensure presentations could be seen and heard from all areas of the space.
- Sitting vacant for years, the east wing finally saw regular activity. The ten beds quickly became filled with residential program participants. We also moved some staff offices to this area to ensure adequate support for those we serve.
- With additional program participants, we found the need to expand our fitness rooms. Two storage rooms adjacent to the gymnasium were remodelled into one larger strength room, connected to our existing cardio fitness room.



GET INVOLVED!

We're always happy to talk with you to see how you want to make an impact at Thorpe Recovery Centre. Whether it is volunteering with our program activities, donating to our ongoing projects, or joining the Society, give us a call!

Here are some ongoing projects to get excited about:

- Serenity Garden Phase II.
- Therapeutic Environment Enhancements.
- Program Recreation Sustainability.
- Capital Expenses & Debt Reduction.
- Sober September.
- Recovery Comfort Kits.



Serenity Garden Opens Summer 2021

Over 5 years of fundraising and two years of hard work, the Serenity Garden is ready for use. For what started as an idea to better use and beautify our property, the garden has become a tranquil space of growth that exemplifies the generosity of our community. The first phase of the garden includes two seating areas with a fire pit and a water feature, a meandering pathway towards the Tranquility Ponds, joyful greenery and annuals, plus a 25 tree fruit orchard.

The grand opening took place July 28, where we thanked those who have donated and volunteered their time and services to make this dream a reality.

The Serenity Garden has been a labour of love and we look forward to the second phase of this project which will include pathways that circumvent the formal garden and Tranquility Ponds, stone bridge to cross the ponds, and a 3-season gazebo to host outdoor sessions and events. The anticipated cost of this second phase is \$45,000; with the majority of expenses used for raw materials and contract labour to safely construct the outbuilding.



Connecting Virtually

The past year has provided the opportunity to re-evaluate how we're reaching our audience. Not only did we shift to hosting our Lunch & Learns to a webinar format and now have attendees from as far as Moose Jaw and Calgary, but we also switched our Family Intensive to an online format. Family Intensive participants join the now 2-day workshop from the comfort of their homes, which in the past year have been from Alberta, Saskatchewan, Ontario, Northwest Territories, and Illinois.

For dates and times of our Lunch & Learns and Family Intensives, please visit our website thorperecoverycentre.org.

- **Coffee with Community Connections during COVID-19**

Has the pandemic negatively impacted your social or mental wellbeing? Have coffee with Jordan, one of our amazing Social Workers, who talks with one different community support service each week.

The goal is to connect you to the resources in your community and you'll learn great information about how to keep your wellness a priority during and after the pandemic.

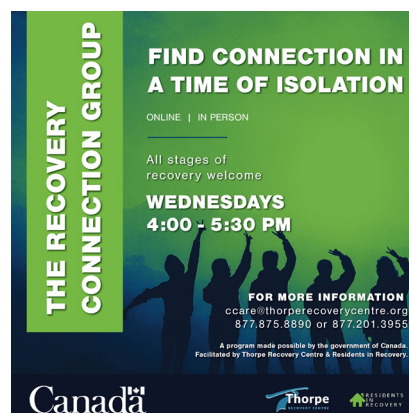
You can watch Coffee with Community Connections During COVID-19 on Thorpe's website, Instagram, Facebook and YouTube page.



- **The Recovery Connection**
Support in a time of isolation.

The Thorpe Recovery Centre was pleased to offer the Recovery Connection Group to anyone on their recovery journey. In a time of isolation, this was an opportunity to connect either online or in person with others discuss pertinent issues of a life in recovery. The Recovery Connection was a peer-led group, facilitated by the professionals of Thorpe Recovery Centre at the Residents in Recovery home office.

This project was made possible by the Government of Canada's Emergency Community Support Fund, distributed by the United Way of Alberta.



Wear Recovery With Pride

True Recovery Co. now available!

Looking for a way to spread the message that Recovery is Possible, we came up with True Recovery Co. a clothing line dedicated to recovery-positive messaging. With the help from DigitalMainstreet ShopHERE program via Startup Lloydminster and the Lloydminster Chamber of Commerce, we were able to set up an online store front and have our product available across Canada.

Through development of the brand we wanted to ensure there were elements of Thorpe Recovery Centre, including the brand's initials and marble within the logo. Marbles are chosen and presented by a peer to each graduate of our Residential Program. The peer identifies the colours and significant markings within the stone and describe what they represent for the graduate. The marbles are a physical reminder of all of the tools you learn during programming. Whenever you are having a tough day or are struggling with negative thoughts, the marbles can help to remember your healthy coping skills.

Launched in April 2021 the clothing line represents the serenity, hope, and courage it takes to live proudly in recovery. We wanted a line that is inclusive to any journey—physical or mental recovery—that you may be walking on. With messages like, "I am Enough", "Courage", "Serenity", and "Namaste Sober" on comfortable and trendy items, we will share positive messages in our communities.

True Recovery Co. items are available to the public online at truerecoveryco.square.site or to Thorpe program participants in the Canteen. Net proceeds go back into the services and programs Thorpe Recovery Centre provides. There's something for everyone at any stage of their journey with True Recovery Co.



Alumni: The Future of TRC

In 2018, I was grateful to attend my junior practicum placement at Thorpe Recovery Centre which turned into summer work until I returned back to the University of Lethbridge that fall. During the two years away while I completed my Bachelor of Health Sciences, I was fortunate to work for two other treatment centres and spent a year working in harm reduction on the front line of the opioid crisis. It was at the safe injection site I learned the individuals were not just attending the site to use drugs in a safe environment, but more importantly to connect with others in a way similar to what “normal working class” people do to get out of their employment environment each morning. It provided them with daily connection and purpose to keep living.



By nature, I am what I call a social introvert. I am also a recovering alcoholic as of January 20, 2014 and I have discovered boredom is one of my major triggers to relapse. Knowing how I felt in recovery along with my observations of others on their own journey, I set a goal to facilitate positive connections for those in recovery. I wanted to create a lasting change for those we serve at Thorpe by supporting formal connections between former clients and the Centre that helped them continue to change their lives.

Since its renaissance in Fall 2020, the Thorpe Recovery Centre Alumni Program has connected 163 current clients with positive, supportive, recovery-focussed past program participants called “Alumni Mentors”. A mentor is a former program participant who offers support to someone in the process of completing the Thorpe Recovery Centre Residential Program through a supervised phone call or pre-arranged meeting after leaving the facility. The “mentor” relationship is not a sponsorship relationship typically found with Alcoholics Anonymous or other 12-Step programs, but a personal bridge between treatment and reality, in addition to the Recovery Management program. The role of the mentor is to offer support and guidance to the mentee during their very early recovery. It is up to the mentee to reach out to the Alumni Mentor after the first supervised conversation and it is up to the discretion of the Alumni Mentor to give out their personal information to be contacted later based on that first supervised call.

Recurrence of addiction for the first year of recovery in Canada varies from 60-80% depending on various criteria factors. This means that anywhere from 60-80% of the current group of Thorpe Clients will resume substance use within their first year post-treatment; with the highest occurrence within the first 90 days after completing the Residential Program. The Alumni Program was designed to provide extra connection and hopefully lower these daunting statistics while building awareness of the Thorpe Recovery Centre outside of Lloydminster. Although in its infancy, the mentorships have already made an impact in the lives of those leaving treatment and those looking to give back to the place that helped them recover from their addiction.

Over the past 6 months the program has developed and changed based on the input and recommendations from the Alumni themselves. What started out as a broad idea, turned into a successful mentorship program even with the challenge of the pandemic. Currently, there are 25 Alumni Mentors from all different areas of Alberta and Saskatchewan who volunteer their time regularly to be the first recovery connection to anyone leaving treatment. Two staff members donate their time by facilitating and coordinating the ideas of the Alumni to help the program run as smooth as possible, and community partners have donated items to help celebrate recovery like journals, pens, and blankets for any graduates of the Thorpe residential program. A secondary support of the alumni program is a monthly newsletter that reminds alumni to reach for their goals and keeps them up to date with all new happenings in the World of Thorpe Recovery Centre.

One thing the Alumni are not short on is ideas and over the coming months we are excited to announce some wonderful projects and opportunities for connection that are currently being developed. A strong Alumni represents “a leading organization that provides strength, hope and healing to those affected by addictions and related mental health challenges” (Mission Statement, 2021).

Jason Patterson
Community Counsellor | BHSc, CCAC.

OUR COMMUNITY

OUR TEAM

We celebrate the dedication and commitment of our team as they navigated not only a pandemic, but also an increase in service delivery. The success of those we serve is greatly due to the amazing team at Thorpe Recovery Centre.

Joan Aguilar	Community Nurse I LPN	Teresa Kruecki	Chief Executive Officer
Julie Arogundade	Kitchen Support Worker	Emmy Kuypers	Clinical Director I MSW, RSW
Dann Arreglo	Maintenance Support	Haydee Lambating	Community Nurse I LPN
Chelsea Ault	Community Support Manager I BA	Mona Laxdal	Kitchen Support
Charles Balenga	Community Support Worker	Hilda Lockyer	Community Nurse I LPN
Kerstyn Braham	Community Support Worker	Taya Marceau	Community Support Worker
Rhonda Braun	Community Support Worker	Keith Markwick	Facility Manager
Sheri Coleman	Community Support Worker	Savannah Meadus	Community Support Worker
Angela Connors	Community Support Worker	Corri Monnich	Accounting Technician I BComm
Joyce Dickson	Kitchen Support	Crystalyn Nelson	Community Support Worker
Tammie Doty	Custodian	Melissa Noeth	Detox Mentor
Janessa Douglas	Recreation Coordinator	Vivian Nyika	Social Worker I BSW, RSW
Olivia Dow	Intake & Assessment Nurse I LPN	Lillian Nykolaishyn	Community Support Worker
Kasha Dubel	Community Support Worker	Joey Ortanez	Kitchen Manager
Morgan Elliott	Community Support Worker	Shawna Parkin	Kitchen Support
Tayllor Fisher	Community Support Worker	Emma Patenaude	Community Counsellor I BA
Lauren Flynn	Clinical Administrator	Jason Patterson	Community Counsellor I BHSc, CCAC
Keera Forster	Community Support Worker	Melodie Pawliuk	Custodian
Sara Fox	Development Coordinator I BA	Morgan Peeters	Intake & Assessment Nurse I RPN
Megan Fraser	Admissions Administrator I BA	Jenna Pegg	Community Support Worker
Crystal Gould	Community Support Worker	Kenzie Penrod	Community Counsellor I BHSc
George Gumahis	Maintenance Support	Miranda Piecharka	Community Support Worker
Haley Gyug	Community Counsellor I Dip. Addictions Counselling	Jenna Plamondon	Community Nurse I LPN
Calli Hankinson	Community Support Worker	Victoria Poirier	Detox Mentor
Nikki Hart-Brassard	Community Support Worker	Debbie Roberts	Community Counsellor I A-SAT, CCAC, MA
Rosanne Hernando	Community Nurse I LPN	Eric Rowland	Community Support Worker
Abi Hissett	Kitchen Support	Roseanne Rozka	Reception
Sherry Huculak	Community Counsellor I BAAJS	Ashley Schlosser	Community Nurse Manager I LPN
Evelyn Hummelle	HR Administrator I BA, PostDip (HR)	Kristin Seffern	Community Support Worker I BSc.
Janae Jordan	Community Support Worker	Jordan Sharp	Social Worker I BSW, RSW
Sukhman Kaur	Community Support Worker	Jade Sibbald	Community Support Worker
Andrea Kidd	Community Nurse I LPN	Leny Simbulan	Community Support Worker
Vera Koster	Community Counsellor I BA, Dip. Addiction Counselling, CCAC, ACTA	Melissa Smart	Community Nurse I LPN

As of June 30, 2021

Kathy Smithson
Molly Spinney
Candance Stryker
Joanne Taylor
Jacque Thorne
Shalyn Trach
Shayna Tupper
DeRay DeUqualla
Julian Van den Hadelkamp

Kitchen Support
 Community Counsellor I BA
 Community Counsellor I MEd
 Admissions Coordinator
 Community Support Worker
 Community Support Worker
 Community Nurse I LPN
 Community Support Worker I AA
 Maintenance Support

Tim Van Staden
Clint Vickery
Michaela Westergaard
Kady Willard
Joanne Wright

Director of Operations I BSc, RSE, CME
 Community Support Worker
 Community Support Worker
 Community Support Worker
 Counselling Manager I CACII, CCAC, ACTA



*#TeamAwesome Barbeque.
 Celebrating our incredible team
 after 1 year of the pandemic.*



Thorpe challenged Lloydminster Sexual Assault Services to the Hunger Games—to see who could collect the most food items for the Lloydminster Salvation Army and Olive Tree Food Banks. Thorpe was excruciatingly defeated by LSAS but grateful to help out two incredibly wonderful organizations in our community!



Worth a thousand words. We asked staff for photos of their life at the facility and were not disappointed! You can find these pictures as postcards in our Canteen.

Photo by Community Nurse, Pardeep S. in September 2020 upon his arrival for the day.



High in the sky, Community Support Worker Ren D. captured the Centre from above.



Development Coordinator Sara F. witnessed the late-summer sunrise reflecting off the Counselling Wing windows.



HAPPY RETIREMENT, LOUIS!

Our esteemed chef for the past 10 years took his golfing hobby full-time.

Help us congratulate Louis Mavridis on his retirement! He has filled our bellies and our hearts with so much goodness that it was hard to say goodbye. We certainly will miss his stories, cheer, and incredible personality here at Thorpe.

Louis was integral to the design of the industrial-sized kitchen we have at the Centre, forever leaving his mark.

Best wishes, Louis!
See you on the green.

FRIENDS OF RECOVERY

We are incredibly grateful for the individuals who contribute to our many campaigns and initiatives throughout the year. We are pleased to welcome 240 new donors to our Friends of Recovery circle. Although we have done our best to compile a list of donors, we may have unintentionally missed a name. We apologize for any omission.

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Amro Alansari
Matt Allen
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David & Connie Anderson
Jason Andres
Ed & Michelle Andrews
Carla Antal
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William Bachmeier
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Shannon Bakos
Tara Banks
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Jeffrey Best
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Laura Budzey

Tyler Bunko
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Jennifer Burke
Nicole Burrage
Lois Butts
Tyler Campbell
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Jacki Cardinal
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Tyler Christie
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 Brennan Sharp
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LEADERS IN RECOVERY

Bronze

R.J Nelson Family Foundation

Silver

Could this be you next year?

Gold

Walk the Talk

Hope Donor Award Recipient

BCP Services

Courage Service Award Recipient

Sheldon Hunter

COMMUNITY CONNECTIONS, CLIENT ACTIVITY AND EDUCATION VOLUNTEERS

12-Step Groups (Lloydminster & Wainwright Chapters)
 AHS- Tough Enough to Talk About It
 Alberta Addiction Service Providers
 Lloydminster & Area Drug Strategy
 Lloydminster & District SPCA
 Lloydminster Interval Home
 Lloydminster Interval Home Society
 Lloydminster Region Health Foundation
 Lloydminster Runners

Midwest Family Connections
 Nathan Grindle
 Recovery Day YLL
 Residents in Recovery
 Sage & Seven
 Southridge Community Church
 Synergy Credit Union
 The Olive Tree
 The Word Church

Thank you for continuing to serve our community.



Meet Buster! He and 2 friends joined the Thorpe Facility thanks to funding from Farm Credit Canada's AgriSpirit Fund. This funding opportunity sparked a lively social media takeover by anthropomorphized items such as the minivan (Cara), furniture (Chester and Chaise), and tools (Mak, Gary, Stretch).



Development Coordinator, Sara Fox accepts a gift from representatives of the Lloydminster & District United Way. This funding assisted with the organization's ability to provide safe and effective care during the pandemic.

I was introduced to Thorpe Recovery Centre in the mid 1990's from being a board member with United Way and from being a lawyer. As a lawyer, I had a number of clients successfully treated for addiction problems through programs offered by Thorpe. It was an impressive record of success. I was always comfortable with my interaction with the Centre and I always recognized Thorpe as a gift provided to Lloydminster. After being involved with a number of charities and not-for-profit entities I took some time off. When Paul contacted me to see if I was interested, I was ready to get involved with an association and Thorpe Recovery Centre was a good fit, plus, I don't think Paul would have taken "no" for an answer.

Since I am new to the Board, I look forward to the many opportunities to provide valuable input into Thorpe Recovery Centre. I am familiar with the decades of valuable service provided by Thorpe Recovery; however, I did not realize the large reach of Thorpe Recovery Centre until I began reading my

orientation materials to bring me up to speed as a director. Their work is and has been impressive.

As a director, I am not involved with day to day support. Management and staff address the operation of the centre. As a director I foresee my roll as providing assistance to the overall goals of the organization so that it can continue the tradition of being successful and continue to do so under evolving conditions. Although I do not interact with clients, I do feel that I am part of the Thorpe team. Is there a better way to connect with Lloydminster & Area and make it a better place, than being involved as a volunteer with a service leader like Thorpe Recovery Centre?

Marty Kindrachuk, Kindrachuk Law

Volunteer & Board Member

My association with Slim Thorpe and Ron Harris goes back many years. I think it was about 1954 that I went to an auction sale being conducted by Thorpe & Hamilton, Auctioneers and I actually bought something. I didn't really meet Slim at that time, but several years later, Slim and I got elected to the Board of Directors for Border Credit Union. On the other hand, I met Ron Harris in 1956, when we were building a new home. Two brothers, Ron and Alfred Harris moved to Lloydminster and started a company called "Harris Electric." That's when I met Ron.



I can't recall how my association with Slim and Ron developed but what I do know is they "made no bones" about their alcoholic past. Although there was nothing formal about their promotion of sobriety, they made it known that they would help anyone who admitted that they were alcoholics and needed help. As part of a promotion to people who had an alcohol problem, an educational seminar was held that went on for six weeks which was open to anybody who was interested but was particularly directed to those who were alcoholics. I was working for Husky Oil, at the time, and I was a St. John Ambulance First Aid Instructor and thought that I would attend because many of my teachings included injuries sustained by innocent people who were hit by a drunken driver. Each session started with a talk given by a recovered alcoholic and each one of those sessions were eye openers for me. What really got my attention was because each speaker would start with, for example, "My name is —. I'm an alcoholic." They would then give their life's story" and this included both men and women. They were unbelievable, hard-hitting testimonials.

I believe that Ron recognized a need for a facility for alcoholics and with a newly organized Board of Directors, fund raising commenced to get a building that could be used as a "drying-out centre" for alcoholics. As part of the fundraising, they also provided an opportunity for those who might be interested, to become Society members at a minimal cost of \$25.00. Once a building was available, it was aptly named "The Walter A. (Slim) Thorpe Recovery Centre"

since Slim was the pioneer in providing assistance to alcoholics in the region. As many know, there was a building downtown and then a great building that was built by the Wayside Inn (now Days Inn) and currently, the state-of-the-art building at Blackfoot.

I have followed the growth of the Thorpe over these many years. I even had Ron come to my assistance when one of our engineers from Calgary didn't show up at the Refinery and I found him in the hotel room, somewhat incoherent surrounded by empty vodka bottles. That's when I phoned Ron for help and he was right there. Yes, I have even sent employees to the Thorpe where their only option was recovery or the highway. I have seen lives changed including a relative of mine who had a gambling addiction. I am a strong believer in the Thorpe and the work they do and am pleased to have been a donor for many years. The Thorpe Recovery Centre — what a great success story, all because of the work done by two tireless and dedicated volunteers, Slim Thorpe and Ron Harris.

Vic Juba
Community Icon & Donor

YES! I WANT TO SUPPORT RECOVERY TODAY!

Please accept my gift of: ☐ \$250 ☐ \$100 ☐ \$50 ☐ \$25 ☐ Other: \$ _____

which is a: ☐ **One Time Gift** ☐ **Monthly Gift**

For: ☐ **Area of Greatest Need** ☐ **Other:** _____

☐ **Capital Fund** ☐ **Serenity Garden**

This fund helps us reduce our mortgage and make repairs to the facility, Keeping it safe and secure for those we serve.

Payment:

☐ Cash (Please do not put cash in the mail; you may drop it off during regular business hours)

☐ My cheque made payable to the Thorpe Recovery Centre is enclosed

I prefer to use my: ☐ **Visa** ☐ **MasterCard**

Card Number: _____ Expiry(MM/YY): _____

My Information:

Name: _____

Address: _____

City: _____ Prov: _____ Postal: _____

Phone: _____ Email: _____

DOB: _____ Occupation: _____

☐ **Please keep my donation anonymous** ☐ **Keep me updated by email**

Signature: _____ **Date:** _____

Note: Charitable Receipts will be issued by Thorpe Recovery Centre for eligible donations over \$25.00. Donations made for the Treatment Fund will be forwarded to and receipted by the Lloydminster Region Health Foundation. Donations made online through CanadaHelps.org will be issued by Canada Helps.

Walter A. "Slim" Thorpe Recovery Centre Society
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Charitable Registration Number 108189093 RR0001



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