



GRATITUDE REPORT

2025 - 2026

[THORPERECOVERYCENRE.ORG](https://thorperecoverycentre.org)



TABLE OF Contents

- 3** *Welcome & Thank You*
- 6** *The Board of Directors*
- 7** *Mission, Vision & Values*
- 9** *Recognition & Awards*
- 12** *Our Services*
- 15** *The Lives You've Changed*
- 18** *Wellbriety & Recovery Support*
- 20** *Additional Recovery Support*
- 22** *Events & Alumni Community*
- 27** *Friends of Recovery*
- 28** *Financial Report & Annual Volumes*
- 30** *Capital Expansion Update*
- 32** *Support Recovery Today!*

Interim CEO Report TO SOCIETY MEMBERS



On behalf of the Senior Leadership Team at Thorpe Recovery Centre, it is my privilege, as Interim Chief Executive Officer, to present this report on the organization's achievements during the 2025-2026 fiscal year.

This past year was a truly remarkable one for Thorpe Recovery Centre. As we celebrated our 50th anniversary in October 2025, we also experienced unprecedented growth in service delivery, client access, and organizational capacity. Through the dedication of our staff, leadership team, Board of Directors, donors, and community partners, the Centre achieved its strongest year on record.

For the fiscal year, revenues exceeded \$8.7 million, reflecting both increased demand for services and our ability to responsibly expand operations. More importantly, we reached record levels of client care across both our residential treatment and medically supported detoxification programs. Our residential treatment program welcomed 595 individuals, resulting in 21,743 bed days, the highest utilization in the Centre's history. Similarly, our medically supported detoxification program served 546 individuals, generating 3,630 occupied bed days, also a record high. These milestones demonstrate the growing need for addiction recovery services across the region and Thorpe's ongoing commitment to meeting that need.

Thorpe Recovery Centre continues to provide critical treatment and recovery support to individuals and families from Alberta, Saskatchewan, and the Northwest Territories. As demand for services continues to increase, our focus remains on ensuring timely access to high-quality, evidence-informed care that supports long-term recovery outcomes.

One of the highlights of the year was the successful celebration of our 50th Anniversary Gala in October 2025. The event brought together former clients, staff members, community partners, supporters, and past Board members to celebrate five decades of service and recovery. The evening provided an opportunity to recognize the many individuals whose vision, commitment, and leadership helped build Thorpe Recovery Centre into the respected organization it is today.

In addition to celebrating our history, the Gala generated valuable support for future operations. Net proceeds from the event funded the purchase of a 15-passenger van, which has proven to be an invaluable resource for transporting clients to appointments, recreational activities, cultural events, and community-based programming throughout the year.

The Centre also made significant investments in its facilities. Renovations completed during the year increased residential treatment capacity from 62 to 68 beds, allowing us to serve more individuals seeking recovery services. Combined with our 16 medically supported detoxification beds, Thorpe now operates with an overall capacity of 84 beds, strengthening our ability to address growing treatment demands and reduce barriers to access.

Another important area of growth during the year was the expansion of our cultural and spiritual programming. We were pleased to welcome Ellery Lewis as our Cultural Coordinator. Under Ellery's guidance, Thorpe has continued to strengthen Indigenous healing opportunities and cultural programming for clients. Among the initiatives undertaken this year is the development of a permanent sweat lodge on Thorpe property, which will provide an important space for cultural connection and healing. Additional programming has included traditional rattle-making workshops, enhanced Wellbriety programming, expanded smudging opportunities, and increased access to Indigenous teachings and ceremonies. These initiatives reflect Thorpe's commitment to providing culturally responsive care and recognizing the important role that Indigenous traditions play in the recovery journey for many of our clients.



While we celebrate the successes of the past year, we are equally focused on the future. The coming year will bring important transitions and new opportunities for growth.

In May 2026, CEO Derek Keller announced his decision to return to British Columbia to be closer to family. On behalf of the organization, I would like to thank Derek for his leadership and contributions during his tenure. Under his guidance, Thorpe experienced significant growth, expanded programming, and strengthened its position as a leading provider of addiction recovery services in Western Canada.

The Board of Directors is currently engaged in the recruitment of a new Chief Executive Officer. We are excited about the opportunities this leadership transition presents and look forward to welcoming a new CEO who will build upon our strong foundation and continue advancing our mission.

We also recognize and extend our sincere appreciation to several long-serving Board members whose dedication and commitment have helped guide the organization over many years. Their governance, insight, and stewardship have played a critical role in our success. While we will miss their contributions, we are pleased to welcome new Directors whose perspectives and expertise will help shape Thorpe's future direction.

As I reflect on the past year, I am proud of what our organization has accomplished and grateful for the commitment of our staff, volunteers, Board members, supporters, and community partners. Together, we continue to provide hope, healing, and recovery opportunities for individuals and families affected by addiction.

The future of Thorpe Recovery Centre is bright, and I am honoured to be part of an organization that changes lives every day. We remain committed to expanding access to care, strengthening our programs, and supporting those seeking a path toward lasting recovery.

Sincerely,

A handwritten signature in black ink, reading "Scott Abel". The signature is fluid and cursive, with the first name "Scott" and last name "Abel" clearly distinguishable.

Scott Abel

*Director of Finance & Interim Chief Executive Officer
Thorpe Recovery Centre*

Message from the **BOARD CHAIRPERSON**



The past year has been a significant one for Thorpe Recovery Centre as we continue our mission of providing hope, healing, and recovery to individuals and families affected by substance use disorders.

A major milestone was reached on October 25, 2025, when Thorpe Recovery Centre proudly celebrated 50 years of service. This special anniversary recognized five decades of life-changing support, compassionate care, and community impact. On behalf of the Board of Directors, I extend sincere appreciation to the organizing committee for creating a memorable event and to the speakers who courageously shared their personal recovery journeys. Their stories served as a powerful reminder of the lasting impact of Thorpe's work.

Community and connection remain essential components of recovery. On August 8, 2026, Thorpe Recovery Centre celebrated the fifth annual Alumni Event, providing former clients with an opportunity to reconnect, share their experiences, and celebrate their continued success in recovery. Attendance continues to grow each year, reflecting the enduring relationships and supportive community that Thorpe fosters long after treatment has concluded.

Demand for our services remains exceptionally strong. Thorpe continues to operate at or near full capacity, serving clients through funded beds from Alberta and Saskatchewan, contracted placements from the Northwest Territories, and privately funded fee-for-service admissions. The ongoing challenges associated with substance use, often accompanied by complex mental health concerns, highlight the critical need for accessible and effective treatment services across the region.

To help address this demand, the Centre completed renovations during the year that expanded our capacity. Thorpe now operates with 84 licensed beds, including 16 detoxification beds and 68 residential treatment beds. While this expansion allows us to serve more individuals in need, waitlists continue to exist, underscoring the growing need for treatment and recovery services.

Our accomplishments would not be possible without the dedication of our Senior Leadership Team and staff. Their professionalism, compassion, and unwavering commitment to client care create an environment where individuals can begin the journey toward lasting recovery. On behalf of the Board, I would like to express our sincere gratitude for their exceptional service and continued dedication to our mission.

This year also brought a change in leadership with the resignation of our Chief Executive Officer, Derek Keller. We thank Derek for his contributions and commitment to Thorpe Recovery Centre during his two years of service and wish him every success in his future endeavors in Vancouver, British Columbia. The Board is actively engaged in a recruitment process, working with a local search firm to identify Thorpe's next Chief Executive Officer.

Looking ahead, we are excited to host Her Strength, Her Story this fall in partnership with Red Bicycle Communications. This inspiring event will celebrate resilience, hope, and community while raising awareness and support for the life-changing work undertaken at Thorpe Recovery Centre.

Finally, as a volunteer-governed organization, we continue to seek individuals who share our commitment to recovery and community service. We welcome new Society members and encourage those interested in contributing their skills and experience to consider joining our Board of Directors. Together, we can continue strengthening Thorpe Recovery Centre's legacy of transforming lives and building healthier communities.

Respectfully submitted,

A handwritten signature in black ink, reading "Marie Gerhardt".

Marie Gerhardt

*Chairperson, Board of Directors
Thorpe Recovery Centre Society*

MEET THE BOARD

Walter A. "Slim" Thorpe Recovery Centre Society Board of Directors 2025 - 2026



Marie Gerhardt
Chairperson



Sharon Williams
Vice-Chairperson



**Gary
Herriot**



**Randy
Schenker**



**Mindy
Hawthorne**



**Marty
Kindrachuk**



**Bev
Spencer**



**Tami
Molle**



**Roxanne
Smith**

Interested in joining the Board?

We welcome 5 – 9 Society Members to govern the high-level operations of the Society. This includes:

- Positively represent the Society.
- Participate in fundraising initiatives.
- Recruit and engage society membership.
- Participate as a collective in high-level decision-making regarding resource management and the organization's strategic direction.

Does this sound like something you're interested in? Let us know!

board@thorperecoverycentre.org

What we aim to achieve this term:

- Increase awareness of substance use disorder recovery and the services Thorpe Recovery Centre provides.
- Enhance the facility and use of resources to better serve the community.
- Grow the Society.

Together we improve lives through overcoming addiction and mental health concerns.

Are you interested in supporting Board projects or joining our Society? Contact us!



Learn More:
thorperecoverycentre.org

Contact Us:
board@thorperecoverycentre.org



Mission, Vision & Values

Our Mission

A leading organization that provides strength, hope, and healing to those affected by addictions and related mental health challenges.



Our Vision

Within a recovery community we help build a pathway where individuals and families can achieve wellbeing and happiness.



Our Values

- Integrity
- Accountability
- Innovation
- Passion
- Diversity



Society Continues to Grow after 50 Years

Since 1975, Thorpe Recovery Centre has provided quality programming to individuals and families affected by addiction and mental health challenges.

As a member of the Society, you will be engaged through newsletters, events, and volunteering at Thorpe Recovery Centre, including the opportunity to serve on the Board of Directors. The Society uses its strong, collective voice to shape how the organization operates, and to advocate within the community for the betterment of the lives of those it serves.

Your membership means you will be a part of the life-changing mental health programs that will improve the wellness of your community.

JOIN TODAY!

Visit thorperecoverycentre.org/boardofdirectors or speak with any of the board members listed on pg 6.

STRATEGIC GOALS

2025 - 2026

PILLARS & OBJECTIVES

Client & Family Focused Care

To deliver high quality client-centered services.

Quality Improvement & Safety

Ensure a healthy and safe work environment.
Increase opportunity for staff training.

People & Infrastructure

Develop governance capacity within the Board of Directors. Increase society membership, participation and engagement.
Create a safe and supportive working environment and culture.

Responsible Financial & Facility Management

Optimize the utilization of the facility. Build sustainable operating revenues and capital management.

FOUNDATION

Our Mission

Why do we exist?

A leading organization that provides strength, hope, and healing to those affected by addictions and related mental health challenges.

Our Vision

Where are we going?

Within a recovery community we help build a pathway where individuals and families can achieve well-being and happiness.

Our Values

How will we behave?

- Innovation
- Integrity
- Accountability
- Passion
- Diversity

OUTCOME MEASUREMENT

How Will We Measure Success?

- Staff Turnover
- Time Away (Sick/Leave)
- Monthly Intakes
- Repeat Referrals
- Bed Occupancy
- Balanced Budget
- Donation & Grant Funds
- Staff Surveys

IMPLEMENTATION

How Will We Hold Ourselves Accountable?

- Regular Board Meetings
- Audited Financial Statements
- Team Meetings/Huddles
- Quality Improvement Reports
- Annual Report/AGM
- Accreditation Canada Survey

Long Serving BOARD MEMBERS RECOGNITION

Thorpe Recovery Centre would like to recognize and express its sincere gratitude to four long-serving Directors who have recently made the decision to step down from the Board.

Through their years of dedicated service, leadership, and commitment, these individuals have played an integral role in guiding the organization, supporting its mission, and helping to strengthen the services provided to those in recovery. Their collective contributions have helped shape the Centre's growth, governance, and long-term success, leaving a lasting and meaningful impact on the organization and the community it serves.

On behalf of the Membership, Board, staff, volunteers, and clients of Thorpe Recovery Centre, we extend our heartfelt thanks for their time, expertise, and unwavering dedication. We are deeply appreciative of the countless hours they have devoted to advancing the Centre's mission and fostering positive change in the lives of those affected by addiction.

While they may be stepping down from their formal Board roles, their contributions and legacy will continue to be felt for years to come. We wish each of them the very best in their future endeavors and look forward to celebrating and acknowledging their remarkable service.



Marie Gerhardt
Board Chair
–
18 years



Gary Herriot
Director
–
10 years



Randy Schenker
Director
–
10 years



Marty Kindrachuk
Director
–
6 years

Long Term SERVICE AWARD RECIPIENTS

Thorpe Recovery Centre is proud to recognize and celebrate team members who have reached significant employment milestones during the year. These service anniversaries represent years of dedication, commitment, and meaningful contributions to our organization, our colleagues, and the individuals we serve.

Achieving a long-term service milestone is a noteworthy accomplishment that reflects a strong commitment to the Centre's mission, values, and ongoing success. The experience, professionalism, and dedication demonstrated by these employees have played an important role in fostering a supportive workplace culture and ensuring the continued delivery of quality services.

We would like to extend our sincere gratitude to each recipient for their loyalty, hard work, and valuable contributions throughout their years of service. Their commitment has helped shape and strengthen Thorpe Recovery Centre, and we are pleased to recognize the following individuals for reaching these important milestones:



Evangeline Buchanan
Custodian
-
5 years



Cecelia Carpendale
Community Support Worker
-
5 years



Denice Dado
LPN
-
5 years



Kaitlyn Delisle
Counsellor
-
5 years



Carmen Webster
Community Support Worker
-
5 years



Kady Willard
Counsellor
-
5 years



Vera Koster
Clinical Director
-
10 years



Mona Laxdal
Dietary Support Worker
-
15 years

EMPLOYEE OF THE MONTH

At Thorpe Recovery Centre, the Employee of the Month program provides an opportunity for staff to recognize colleagues who consistently go above and beyond in their roles. Selected through peer nominations and voting, these individuals are acknowledged for their dedication, professionalism, teamwork, and positive impact on both the workplace and the clients we support. During the fiscal year ended March 31, 2026, the following team members were recognized as Employees of the Month:



Shelby Stapley
LPN
April 2025



Tyler Ell
CSW
May 2025



Ellery Lewis
Counsellor / Cultural
Co-ordinator
June 2025



Alanna Tyner
Detox Mentor
July 2025



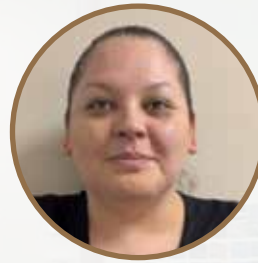
BeeJay Sanderson
Intake Co-ordinator
August 2025



Karen Bennett
CSW
September 2025



Jirah Mendoza
LPN
October 2025



Jessica Falcon
Counsellor
November 2025



Michelle Luchinski
Counsellor
December 2025



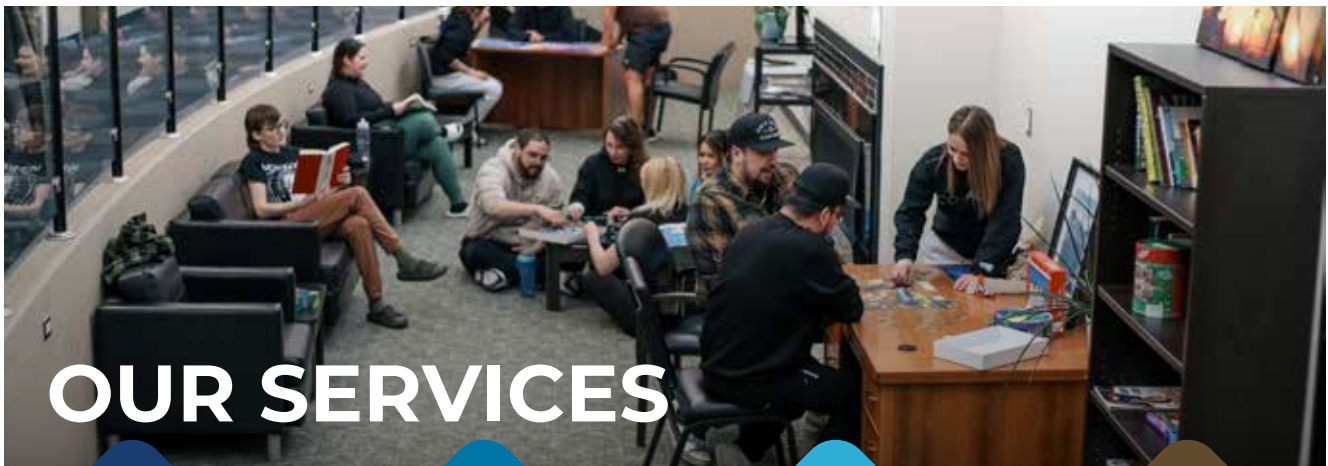
Brooklyn Werenka
Detox Mentor
January 2026



Jayden Savage
CSW Team Lead
February 2026



Aaron Pangilinan
CSW
March 2026



OUR SERVICES

1

INQUIRY

Congratulations on taking the first step!

2

DETOX

Medically Supported Detox (up to 14 days)

3

PROGRAM

Transitional Assessment Process and Residential Program

4

CONTINUING CARE

3+ months

1 INQUIRY

Thank you for contacting us! Our admissions team will help you through the application process.

2 DETOX

Deciding to stop using drugs or alcohol is a courageous decision and marks the beginning of your recovery journey. The experience of going through withdrawal is difficult, and often drives the urge to use again. The withdrawal period can last up to 14 days.

A minimum of seven days of clean/sober time is required prior to admission into the Residential Treatment Program. It is important to be past the withdrawal period when you begin your treatment program, so that you are able to participate in your programming and recovery process. Detoxing the body from drugs and alcohol is only a small portion of your recovery; additional tools are required to sustain sobriety.

3 RESIDENTIAL TREATMENT

Our 56 day program is a fast-paced track to assess what you need to feel well, and gaining the tools to reach those goals in healthy ways. Your program includes educational sessions where you learn about addictive behaviours, its impact on your life, and how to alter your mindset to face challenges.

Based on your own treatment plan, you will process what you learn as a group and work in small groups to tackle your personal assignments. Some of your experience will need to be retrospective to understand what causes your behaviours, and it will be uncomfortable. Still, our dedicated and educated team will be here to help you every step of the way. Each day you will face challenges from within or from the community, and you will learn to use the people and resources around you to find the courage to push past adversity.

4 CONTINUING CARE

The third core program Thorpe Recovery Centre offers. It is the crux to maintaining a life of recovery outside the facility. Resuming addictive behaviours after a residential treatment program is most probable within 90 days of completing the program. Continuing Care asserts a positive recovery structure and network for Alumni.

Available to all Residential Addiction Treatment graduates. Post-treatment online program to be a facet of long-term recovery maintenance. Facilitated peer-support groups to process recovery issues. Participants in various stages of recovery journey to recent graduates to 2+ years of sobriety. Proven to assist in the first 90 days of recovery; the time when the most recurrences of substance use happen.

STRENGTHENING THE PATH TO RECOVERY:

The Impact of Our 56-Day Treatment Model

Responding to Client Needs Through Program Evolution

This year, our treatment centre transitioned from a 42-day residential treatment program to a 56-day model. This decision was informed by both evidence-based practice and the evolving needs of the individuals we serve. Prior to implementing this change, our clinical team regularly received requests for treatment extensions, reflecting a consistent need for additional time to support clients in building a strong foundation for lasting recovery.

The Value of Extended Treatment Engagement

Recovery is a process that requires time, consistency, and meaningful therapeutic engagement. Research has consistently demonstrated that longer treatment retention is associated with improved outcomes, including greater treatment completion, stronger coping skills, increased emotional stability, and a reduced risk of relapse. By extending our program, we are providing clients with additional opportunities to strengthen the skills they develop in treatment and apply them in a supportive, structured environment before returning to the community.

Strengthening Continuity of Care Through Enhanced Discharge Planning

One of the most significant benefits of the 56-day program is the ability to provide more comprehensive discharge planning. Safe and stable housing, continued treatment, and community supports are critical components of long-term recovery. The additional two weeks allow our clinical team to work collaboratively with clients and community partners to secure appropriate next steps, whether that involves transitioning to another treatment facility, sober living, supportive housing, or returning home with an individualized plan and ongoing supports. This additional planning time promotes continuity of care and helps reduce barriers during a critical stage of recovery.

Integrating Grief Recovery Through Evidence-Based Programming

The extended program also aligns seamlessly with our new eight-module grief curriculum. Delivered through a Cognitive Behavioural Therapy (CBT) framework, the program recognizes that grief extends far beyond the loss of a loved one. Many clients enter treatment carrying unresolved grief related to relationships, family, identity, health, employment, financial stability, and other significant life changes. Throughout the program, clients develop practical strategies to understand, process, and cope with loss in healthy ways while building resilience for future challenges. By integrating this curriculum into the 56-day model, clients have sufficient time to fully engage with the material and incorporate these skills into their ongoing recovery.

Investing in Lasting Recovery

The transition to a 56-day treatment program represents far more than an extension of our clients' length of stay—it reflects our commitment to providing the highest standard of evidence-informed, client-centred care. By allowing more time for meaningful therapeutic engagement, comprehensive discharge planning, and specialized programming, we are investing in recovery that extends well beyond our doors. Every additional day is an opportunity for clients to strengthen their resilience, build healthier coping strategies, and establish a more stable foundation for long-term recovery. Ultimately, this change reflects our belief that lasting recovery is built not by treating addiction alone, but by equipping individuals with the skills, supports, and confidence to thrive long after treatment ends.

-Vera Koster

-Jayden Savage

MEDICALLY SUPPORTED DETOX

Thorpe Recovery Centre's (TRC) Medically Supported Detox offers 24/7 support in a safe environment for those in the initial stages of recovery of drug and alcohol dependencies. Research demonstrates that it is crucial for the successful treatment of substance addiction to approach recovery with a comprehensive strategy, including detox, a residential program and after care.

We deliver safe and appropriate interventions designed to relieve the most severe symptoms, helping individuals remain engaged in our care and committed to their recovery journey.

HOW LONG DOES DETOX LAST?

Medically supported Detox is typically up to 14 days, but can vary depending on the drug of choice and progress of the client. Detoxing the body from drugs and alcohol is only a portion of recovery; additional tools are required to sustain sobriety.

PROGRAMMING

Clients are expected to participate in the scheduled programming each day during their stay in Medically Supported Detox. Programming includes lectures, process groups, counselling, and other therapeutic activities designed specifically for individuals in the early stages of recovery.

The topics covered include the following:

- Nature of Addiction
- Post-Acute Withdrawal Symptoms (PAWS)
- Mindfulness
- Grounding Techniques
- Stress and Anxiety Management
- Spirituality
- Meditation
- An Introduction to the 12 Steps
- Art Therapy
- Recovery Planning
- Group Sharing & Processing

WHAT HAPPENS AFTER DETOX?

We strongly recommend transitioning into the TRC Residential Addiction Treatment program

to give yourself the best chance at long-term success in recovery. While Medically Supported Detox is an important first step, it is not designed to fully prepare individuals for the emotional, mental, and behavioural challenges that come after detox. Our 56 Day treatment program offers a comprehensive, evidence-based approach that builds the skills, structure, and support needed for lasting recovery.

HOW CAN I PREPARE?

We recommend all attendees prepare for treatment by having attended 12 Step or other support groups before attending the program.

12-STEP RECOVERY

Initially established by Alcoholics Anonymous (A.A.), the 12-Step Recovery method is a world-renowned support group style that supports those recovering from a variety of chemical and process addictions.

S.M.A.R.T. RECOVERY

S.M.A.R.T. Recovery is a non-12-step self-help program for recovery from addictive behaviours such as chemical dependencies and/or process addictions. Based on cognitive/behavioural therapies its purpose is to support individuals by teaching them how to change self-defeating thinking, emotions, and actions in order to attain long-term goals in recovery.



THE LIVES YOU'VE CHANGED

Messages from Alumni this past year:

- Thorpe was and is a huge part of my recovery. I'm so grateful for all of you at Thorpe, this last six months has seen me get through a stroke (at my 2-year cake on July 6) and Spinal Stenosis Surgery on January 16 of this year, I'm doing great. Really looking forward to anything I can do to give back to Thorpe and counting the days to the Alumni this year.
- Thorpe has given me a second chance at life.
- I'm doing great. I haven't felt this good in a long long time. I'm going to meetings. Just wanted to update you. Thanks again so much. You guys are absolutely amazing.
- If it wasn't for Thorpe, I don't know where I would be today. Thank you for all you did for me and everyone out there struggling like me.
- I am coming to attend and be a part of the Alumni. I'm looking forward to coming back and share the experience and event with fellow Thorpians and Counselors.



- Since being home it's been good. I have continued my workouts and I am eating less. My parents have been great and my kids are happy. I am going to try my best to continue my sobriety. I wanna say thank you for walking this road of sobriety with me and I will never forget you.
- Thank you so much! And I am doing well. Going to meetings, keeping my schedule I'm still working hard. I bought a DBT workbook from chapters and I've been doing that. Thank you for everything Thorpe has done.
- Good day!! So, I thought I would just let you know how I am doing. 4 weeks since I left treatment and I am still sober. 79 days today. I am still staying with my brother and sister-in-law who have been incredibly supportive. I have gotten myself a sponsor, I attend my meetings, I have been going to church and so much more. Thank you I will never forget you or the things I have learned.

RECOVERY COACH TRAINING:

Strengthening the Support, We Provide

Our team is excited to begin Recovery Coach training through the Recovery Coach Academy of Canada (RCAC). This training is being offered to our Community Support Workers (CSWs) and nurses as part of our ongoing commitment to providing person-centred, recovery-oriented care for the individuals we serve.

What Is Recovery Coaching?

Recovery coaching is a collaborative, strengths-based approach that supports individuals as they work toward their own recovery goals. Rather than directing or treating clients, recovery coaches walk alongside them, helping them identify their strengths, build confidence, overcome barriers, and connect with resources that support long-term wellness.

Recovery coaching recognizes that recovery is unique to each person. Whether someone is working toward abstinence, improving their health, rebuilding relationships, securing housing or employment, or achieving other personal goals, the recovery coach provides encouragement, accountability, and practical support throughout the journey.

What Does the Training Involve?

The RCAC Recovery Coach training provides participants with the knowledge and practical skills needed to effectively support individuals in recovery. Throughout the training, participants will explore:

- The principles and philosophy of recovery coaching.
- Recovery-oriented and person-centred care.
- Effective communication and active listening skills.
- Motivational interviewing techniques.
- Building collaborative and trusting relationships.
- Goal setting and action planning.
- Professional boundaries and ethical practice.
- Cultural humility, trauma-informed care, and recovery capital.
- Strategies for supporting long-term recovery while empowering clients to make their own informed choices.

The training combines presentations, group discussions, interactive exercises, and opportunities to practice coaching skills in realistic scenarios. Participants will apply what they learn through role-playing and reflective activities that build confidence and competence.

How This Will Benefit Our Clients

This training will enhance the way we support the individuals who access our services. By developing recovery coaching skills, our CSWs and nurses will be better equipped to:

- Build stronger, more meaningful therapeutic relationships.
- Empower clients to identify and pursue their own recovery goals.
- Foster hope, resilience, and self-efficacy.
- Support clients in navigating challenges while recognizing their strengths.
- Improve engagement by meeting clients where they are in their recovery journey.
- Encourage greater independence and sustained recovery through collaborative planning.

Recovery coaching complements the excellent clinical and supportive care already provided by our team. It strengthens our ability to partner with clients in a way that honours their lived experiences, personal choices, and individual definitions of recovery.

Looking Ahead

Investing in Recovery Coach training reflects our organization's commitment to continuous learning and excellence in client care. As our staff complete this training, we look forward to incorporating recovery coaching principles into our daily practice, further enhancing the compassionate, person-centred support we provide to individuals and families affected by substance use and addiction.

Together, we continue to build a culture of hope, empowerment, and recovery—one conversation, one goal, and one person at a time.

-Jayden Savage

-Rebecca Miller



Our team as of July 31/2026: The success of those we serve is greatly due to the amazing team at Thorpe Recovery Centre.

Aaron Pangilinan	Community Support Worker	Lailani Acson	LPN
Adriana Cruz Alas	Health Care Aide	Lilian Abongan	LPN
Alanna Tyner	Detox Mentor	Louisa-Mae Burry	Registered Nurse
Arvin Dizon	Dietary Support Worker	Lynn Balash	Accounting Technician
Brooklynn Werenka	Detox Mentor	Madison Taylor	Counsellor
Carmen Webster	Community Support Worker	Megan Fraser	Admissions Coordinator
Carrie Bennett	Marketing Manager	Mekaela Lundrigan	LPN
Carrie Blais	Community Support Worker	Michelle Luchinski	Counsellor
Cecilia Carpendale	Community Support Worker	Mona Laxdal	Dietary Support Worker
Chad Sturge	Director of Operations	Nina Lumaban	Health Care Aide
Chance Campbell	Food Services Manager	Phanice Mukwambo	Health Care Aide
Christian Horner	Community Support Worker	Rashon Russell	Counsellor
Coleen Talento	Health Care Aide	Rebecca Miller	Recovery Coach
Cristina Minish	LPN	Reece A Miazga	Community Support Worker
Danelle Weitzel	Community Support Worker	Regina Forbes	Community Support Worker
Dann Arreglo	Maintenance / Groundskeeping	Rene Reed	Community Support Worker
Denice Dado	LPN	Rhonda Braun	Continuing Care Co-ordinator
Eduardo Cimatú	Dietary Support Worker	Ria Maximo	Health Care Aide
Ellery Lewis	Cultural Coordinator	Richard Brown	Counsellor
Ellery Stobee	Community Support Worker	Robert Stewart	Counsellor
Evangeline Buchanan	Custodian	Robyn Martin	Community Support Worker
Golda Occenola	Community Support Worker	Sarah Yukiarki	RN
Grace Reeves	Health Care Aide	Sarbada Prasain	RN
Hannah Berry	LPN	Scott Abel	Director of Finance
Hillary Aliu	RN	Selina Meeres	Community Support Worker
Honey Thomas	RN	Shandra Theisen	Community Support Worker
Irah Lazo	LPN	Sharon Fangon	Unit Clerk
Jai Paul	LPN	Shelby Stapley	LPN
Janae Clayton	Maintenance / Groundskeeping	Shiraya Winterhalt	Intake Co-ordinator
Jaspreet Kaur Chahal	RN	Stephanie Ferguson	Medical Manager
Jayden Savage	CSW Team Lead	Swati Mishra	Counsellor
Jeno Mansueto	RN	Tammie Doty	Custodian
Jessica Parker	LPN	Taryn Heintz	CSW
Jirah Mendoza	LPN	Tasha Thibeault	Director of Human Resources
Joanne Taylor	Admissions Manager	Tasha Walter	Clinical Administrator
Joanne Wright	Counsellor	Tina Benny	RN
Joy Ulo	RN	Tyler Ell	Intake Co-ordinator
Kady Willard	Counsellor	Vanessa Samms	Activities Coordinator
Kaitlyn Delisle	Counsellor	Vera Koster	Clinical Director
Karen Bennett	Front Desk Administrator	Xol Boyd Paul	Dietary Support Worker
Kevin Snyder	Counsellor		
Kristy Boser	Dietary Support Worker		
Kristy Johnson	Admissions Co-ordinator		



What is **WELLBRIETY?**

Wellbriety is a First Nations 12-Step movement for wellness in addiction recovery that incorporates a holistic approach of the individual's spiritual, mental, emotional and physical well-being.

It incorporates the Medicine Wheel teachings that individuals need to nurture all 4 areas of their being in sobriety, with cultural and spiritual practices to help heal the individual. Wellbriety acknowledges the history of colonization and how individuals, families and communities need to heal from past trauma. Wellbriety believes in replacing the fear system (anger, guilt, shame and fear) with a system based upon love, so that individuals will be able to function in a healthy way, even if returning to unhealthy communities.

Wellbriety is offered to all people wanting to heal from addictions and past trauma. The Medicine Wheel is symbolic of the four nations as well: our "Red" brothers and sisters, our "White" brothers and sisters, our "Yellow" brothers and sisters, and our "Black" brothers and sisters. The Medicine Wheel is symbolic of the 4 directions, 4 parts of self: the physical which is represented in the West, spiritual which is represented by the North, emotional is represented by the East and mental which is represented in the South, the 4 stages of life, 4 seasons and each of the 12 Steps are placed in the 4 directions as well.

Steps 1, 2, and 3 are in the East and are focused on helping the person find the Creator. Step 1's spiritual principal is Honesty. Step 2's spiritual principle is Hope. Step 3 is Faith.

Steps 4, 5, and 6 are in the South and are focused on Finding Yourself. Step 4's spiritual principal is Courage. Step 5's spiritual principle is Integrity and Step 6's principle is Willingness.

Steps 7, 8, 9 are in the West and are focused on healing our relationships with others. Step 7's spiritual principal is Humility. Step 8's spiritual principle is forgiveness. Step 9's spiritual principle is justice.

Steps 10, 11, and 12 are in the North and focused on finding the wisdom of the Elders. Step 10's spiritual principle is Perseverance, Step 11 is Spiritual Awareness and Step 12's spiritual principal is Service.

Wellbriety incorporates the Circle of Recovery, and every session begins with a Smudge Ceremony. In the Smudge Ceremony, individuals are cleansing their spirit with the sacred medicines. The sacred medicines are Sage, Sweetgrass, Tobacco and Cedar. Clients learn the teachings and protocol of Smudge Ceremony, women on one side of the circle and men on the other. People are to remove all jewellery, glasses, hats to humble themselves to Creator. Women, considered powerful on their moon cycles, are permitted into the Circle when Horse Sage is used for Smudge. This is the women's medicine and women are held in high respect in First Nation's community as women are the life givers. The daily reading is read from Elder's meditation.

We focus on Steps 1, 2 and 3 for the client's 6-week program.

IN WEEKS 1 AND 2:

The facilitator goes over the 2 lobes of the brain and mind mapping Step 1. The mind map breaks down the 9 areas of unmanageability for the client, so that the client can see which area the client needs to focus on. For example: Trouble with Relationships. A client can mind map how their relationships were in active addiction with key words (unhealthy, boundaries, not getting along). As the key words begin, a client can have words overlapping within their mind map, and as a facilitator these overlapping words would be the terms or behaviours a client would need to focus on.

STEP 2 IN WEEKS 3 AND 4:

This step also includes mind mapping. This will allow clients to envision themselves in recovery with a relationship connected to a Higher Power or the Creator. A question asked for relationships would be, what would my life look like for relationships if I have a connection with a Higher Power or the Creator.

STEP 3 IN WEEKS 5 AND 6:

This step can be done with a sponsor, Elder, Elders helper, family, friends, counsellor, or another peer in a program. This step can also be done through ceremony where a client is telling their chosen person that they are surrendering themselves to their addiction, program, or treatment. A person can use the Step 3 prayer from the Big Book, Cree prayer, Native American prayer to surrender their will over to their Higher Power or Creator. As mentioned, Steps 1, 2, and 3 are all done while facing the east direction, to help welcome a new day, new life, new beginning in recovery as the sun comes up from the east. These 3 steps are the beginning stages of a person entering recovery.

The circle is closed with a Cree Prayer and a song. Offering Wellbriety is an important part of reconciliation and providing culturally appropriate programming. It is fundamental in connecting and reconnecting clients with their traditional culture.

Ellery Lewis, Counsellor & Michelle Luchinski, Counsellor





ADDITIONAL SUPPORT PROGRAMS

FAMILY PROGRAM

When you're supporting someone in their recovery, it can be challenging to balance your own needs with the needs of others. This online workshop will help you re-focus on your own wellness and gain the skills to set healthy boundaries, communicate effectively, and manage stress.

S.M.A.R.T. RECOVERY

S.M.A.R.T. Recovery is a non 12-Step self-help program for recovery from addictive behaviours such as chemical dependencies and/or process addictions. Based on cognitive/behavioural therapies, its purpose is to support individuals by teaching how to change self-defeating thinking, emotions, and actions in order to attain long-term goals in recovery.

CONTINUING CARE

Continuing Care is a weekly program that offers a peer support processing group resembling the group structure in the Centre. The weekly session allows you to have accountability with your peers, relate experiences, warn about relapse signs, and encourage each other's recovery.

12 STEP MEETINGS

Originally established by Alcoholics Anonymous (A.A.), the 12-Step Recovery method is a world-renowned support group style that supports those recovering from a number of chemical and process addictions.

Visit thorperecoverycentre.org/programs or call **780.875.8890** to learn more.



CONTINUING CARE IN RECOVERY

ONE OF THE MOST POWERFUL ASPECTS OF CONTINUING CARE IS CONNECTION.

After leaving the safety and support of a structured treatment environment, individuals often face real-world stressors, isolation, and uncertainty. Continuing care bridges that gap, keeping people connected to a community that understands their experience. Whether it's through support groups, counseling, outpatient services, or peer mentoring, these connections create a sense of belonging — a reminder that no one has to face recovery alone.

Continuing care also offers the best chance at sustained recovery. It helps people build on the progress made in treatment by reinforcing coping strategies, accountability, and healthy habits. Regular check-ins and therapeutic support provide a safety net, allowing individuals to navigate challenges before they become setbacks. Recovery is rarely linear, and continuing care offers the flexibility and consistency needed to adjust and keep moving forward.

In essence, continuing care is about staying engaged in the process of recovery. It's about honouring the fact that healing takes time, and that long-term success is most likely when people stay connected — to support, to purpose, and to others who truly understand the journey.



HOW DO I ENROLL IN CONTINUING CARE?

Clients while in treatment are provided information on Continuing Care and at the end of the program they attend a Continuing Care Session prior to completion. Continuing Care is free for all clients completing treatment at Thorpe Recovery Centre. There is no limit on how long clients can access Continuing Care. Clients can attend for 20+ years if they so wish. Continuing Care is held on Thursday evenings and Sunday afternoons.

HER STRENGTH, *her* STORY

A fundraiser in support of Thorpe Recovery Centre



Keynote Speaker

JESS TETU

An evening of resilience, recovery, and hope

Thursday, October 1, 2026
Gold Horse Casino

Silent Auction

Charcuterie & Snacks

Live Music with

Jordyn Pollard

Doors Open • 6 PM
Evening Starts • 7PM

Ages 16+

Opening Speaker
MINDY HAWTHORNE



Emcee
KURT PRICE



Tickets • \$65



Thank you for supporting our clients on their recovery journey!



This past fall, Thorpe Recovery Centre proudly celebrated its 50th anniversary, marking five decades of providing hope, healing, and recovery to individuals and families.

On October 25, 2025, Thorpe Recovery Centre hosted its 50th Anniversary Celebration at Rolling Green Fairways. The evening brought together supporters, community partners, alumni, and staff for a memorable event featuring a delicious dinner, a silent auction, inspiring presentations from two Thorpe alumni, and a keynote address by former NHL goaltender Clint Malarchuk.

Thanks to the incredible generosity of our sponsors, donors, guests, and community supporters, the event was a tremendous success. Through ticket sales, silent auction proceeds, donations, and sponsorships, we raised a total of **\$101,164**. After event expenses of **\$46,168**, the celebration generated a net profit of **\$54,996**.

These funds enabled Thorpe Recovery Centre to purchase a brand-new 15-passenger van, a significant investment that has already enhanced our ability to support clients throughout their recovery journey. The van provides safe and reliable transportation to medical appointments, recovery-focused activities, and community programming.

A key use of the van is transporting clients to Alcoholics Anonymous meetings in Lloydminster, allowing them to become familiar with local recovery supports they can continue to access after completing treatment. The van also enables clients to participate in Indigenous cultural activities, including sweat ceremonies in Onion Lake and Lloydminster. These experiences strengthen recovery capital by fostering cultural connection, teaching grounding techniques, and supporting overall wellness.

In addition, the van is used to recognize clients who achieve perfect attendance by providing transportation to recreational outings such as movies, local hockey games, bowling, and other community activities. These opportunities reinforce positive behaviours, encourage healthy social engagement, and demonstrate that recovery can include meaningful, enjoyable experiences. The success of our 50th Anniversary Celebration reflects the strength of our community and the generosity of those who believe in our mission. We extend our sincere gratitude to everyone who contributed to making this milestone event such an outstanding success. Their support has created a lasting impact that will benefit our clients for years to come.



Thorpe Recovery Centre Celebrates

5TH ANNUAL ALUMNI DAY

On Saturday, August 8, 2026, Thorpe Recovery Centre proudly hosted its 5th Annual Alumni Celebration, bringing together hundreds of alumni, family members, friends, staff, and supporters for a meaningful day dedicated to recovery, connection, and hope. While this year's event transitioned from a two-day gathering to a one-day celebration, the change proved overwhelmingly positive, resulting in one of the largest turnouts Thorpe has seen in the past five years.

The day began with the Sprint for Sobriety 5K Walk/Run, followed by a community BBQ lunch, live entertainment, and a variety of outdoor activities. Throughout the afternoon, alumni and current clients had the opportunity to attend Alcoholics Anonymous meetings together, fostering connection and shared support within the recovery community. The Alumni Celebration is one of Thorpe's most inspiring annual events. It provides former clients with the opportunity to return to the Centre, reconnect with staff who played an important role in their recovery journey, and reunite with peers who shared similar experiences during treatment. Equally important, it creates opportunities to build new friendships and strengthen bonds with others who remain committed to living healthy, sober lives. For current clients, the event serves as a powerful source of encouragement and hope. Meeting

individuals who have experienced the same struggles with addiction and who are now leading fulfilling, productive lives in recovery demonstrates that lasting sobriety is achievable. These interactions help clients establish meaningful connections and expand their recovery support networks, both of which are essential components of long-term success. The event also featured a silent auction, with proceeds directed toward supporting the Alumni Program and helping fund future Alumni Celebrations. The generosity of donors and participants will help ensure that these valuable opportunities continue for years to come. The evening concluded with a formal dinner and inspiring presentations from Thorpe alumni who shared their personal recovery stories. Through honest and heartfelt reflections, they spoke about the challenges they have overcome, the lessons





they have learned, and the rewarding lives they have built in recovery. Alumni in attendance were also recognized and celebrated for their sobriety milestones, receiving certificates that acknowledged their dedication and achievements. For current clients, hearing these stories firsthand and witnessing the gratitude, purpose, and joy that recovery can bring was both motivating and impactful. The Annual Alumni Celebration stands as a powerful reminder that recovery is not only possible, but that it is a lifelong journey filled with growth, connection, and opportunity.

Events of this magnitude are only possible because of the dedication and commitment of many individuals. Thorpe extends its sincere appreciation to the Alumni Committee, whose members spent months planning and preparing for this year's celebration. Special recognition is owed to Carrie Bennett and Rhonda Braun, whose leadership, hard work, and countless hours of effort were instrumental in making the event such a tremendous success.

We would also like to express our heartfelt thanks to the many staff members, volunteers, and community supporters who generously contributed their time and energy throughout the day. Their commitment and willingness to serve helped create a memorable experience for everyone involved.

Finally, Thorpe Recovery Centre would like to acknowledge and thank the sponsors and donors whose generosity made this event possible. Special thanks go to R'ohan Well Services Ltd. for serving as the event sponsor; Caper Industries for sponsoring the evening meal; Lloydminster Co-op for providing food and condiments for the BBQ; Tim Hortons for donating coffee and donuts; New Life Community Church for donating tables; Sheldon Hunter for serving as the emcee for the supper event and Aaron

Connors for providing entertainment throughout the day. We are also deeply grateful to the many businesses and individuals who donated items for the silent auction and helped support the continued success of the Alumni Program.

The 5th Annual Alumni Celebration was a true reflection of the strength, resilience, and spirit of the Thorpe recovery community. It was a day of celebration, gratitude, and inspiration, reminding everyone in attendance that recovery is possible and that no one has to walk the journey alone.

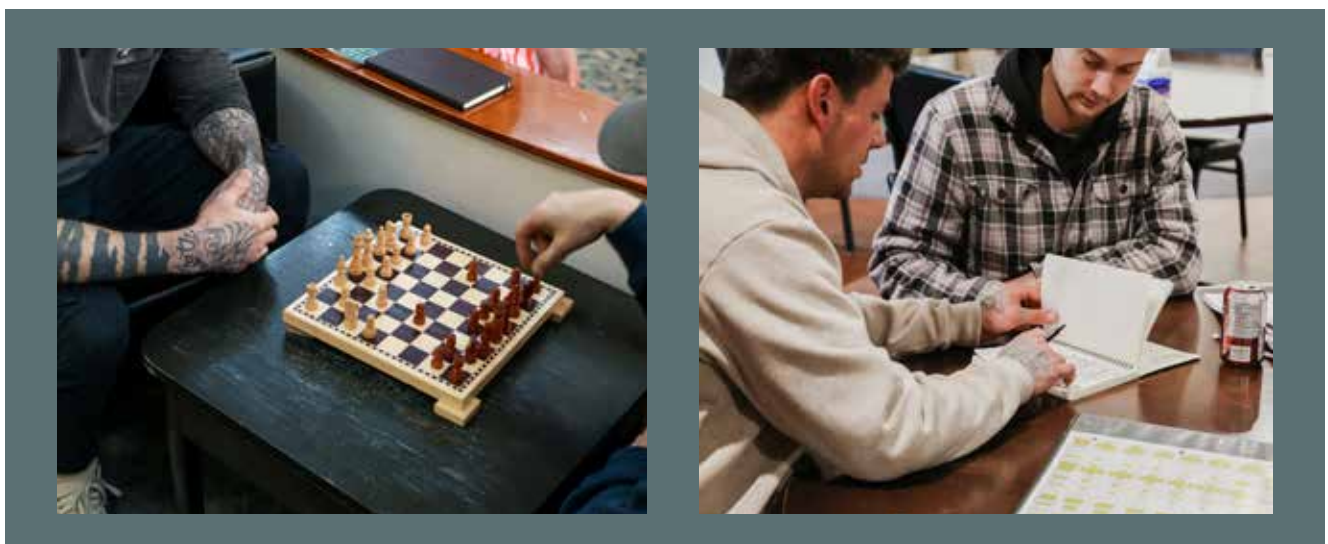




We're always happy to talk with you to see how you want to make an impact at Thorpe Recovery Centre. Whether it is volunteering with our program activities, donating to our ongoing projects, or joining the Society, give us a call!

Here are some ongoing projects to get excited about:

- Therapeutic Environment Enhancements
- Program Recreation Sustainability
- Capital Expenses & Debt Reduction
- Emergency Client Fund



FRIENDS *of recovery*

We are incredibly grateful for the individuals who contribute to our many campaigns and initiatives throughout the year. We are pleased to welcome new donors to our Friends of Recovery circle. Although we have done our best to compile a list of donors, we may have unintentionally missed a name. We apologize for any omission.

ATCO

Brixton Shoes

Cenovus Employee Foundation

Chance Cooler

Claudine Coleman

Complexions Skin Therapy

Dean & Flicka Olson

Dekker Oilfield Services Ltd.

Donna Arnold

Elna Eidsvik

Judith Young-Wagner

Kathleen Andersen

La Pearl Oilfield Services Ltd.

Lawrence Ferbey

Lloydminster & District CO-OP

Louise Benoit

Mosaic Church

Mr. and Mrs. Robert &

Nadine Benning

Nick Rice

Patrick Priestner

Peri Kimber

R.J Nelson Family Foundation

RB2 Hauling

Red Bicycle Communications Corp.

Renown Down Hole Solutions Inc

Richardson's Jewellery

Road Rench Mobile

Mechanical Service

Ross Ulmer Family Foundation

Ruby Trudel

Scorpion Oilfield Services Ltd.

SIGA

T-1 Transport

Teresa Snethun

The Canada Life Assurance Company

Thi My Linh Tran

Tom McKinstry

Vic Juba



Community Connections, Client Activity and Education Volunteers

Synergy Credit Union

Lloydminster Interval Home

Midwest Family Connections

Lloydminster Runners

Residents in Recovery

Bridging the Gap

Saskatchewan AA Chair

AHS ID Clinic

Midwest Endurance

Brixton Shoes

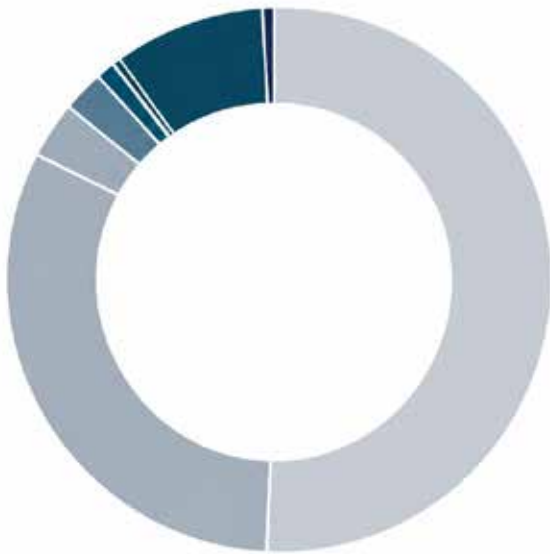
Prairie Run Crew

Brainsport

New Balance

Thank you for continuing to
serve our community.

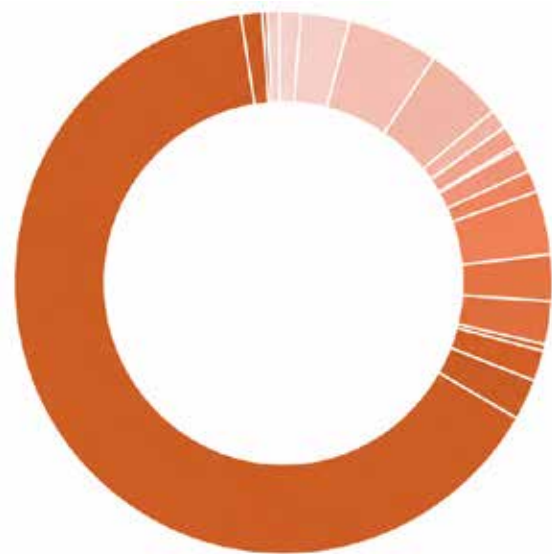
FINANCIAL REPORT



SOURCES OF REVENUE

TOTAL: \$8,746,020

\$4,143,533	Recovery Alberta
\$2,865,115	Saskatchewan Health Authority
\$223,676	Confectionery Sales
\$50,375	Cost Recoveries/Misc
\$194,313	Donations/Fundraising
\$12,581	Grants
\$78,460	Interest Income
\$1,162,815	Fee for Service
\$15,152	Gain on Sale of Assets



SOURCES OF SPENDING

TOTAL: \$7,302,012

\$62,509	Advertising & Public Relations
\$132,833	Confectionery Supplies
\$270,455	Contract Labour (including medical oversight)
\$511,816	Food & Kitchen Supplies
\$69,090	Fundraising
\$95,725	Insurance
\$114,240	Interest (including long term)
\$86,443	Medical & Drug Supplies
\$494,640	Occupancy & Maintenance Costs
\$282,054	Office/Administrative Expenses
\$13,980	Professional Fees
\$99,773	Programming & Rec Supplies
\$4,912,706	Salaries & Benefits
\$82,522	Staff Development & Recruitment
\$45,929	Travel & Meals
\$27,297	Vehicle Expenses

EXCESS OF REVENUE

\$1,444,008

SURPLUS OF REVENUES OVER EXPENSES
BEFORE AMORTIZATION

\$347,522

AMORTIZATION

\$1,096,486

SURPLUS OF REVENUE
OVER EXPENSES

Annual Client Volumes

Thorpe Recovery Centre • 2021 – 2026

RESIDENTIAL ADDICTIONS TREATMENT	RECOVERY ALBERTA			SK HEALTH AUTHORITY			FEE FOR SERVICE			
	Number of Admissions	Number of Bed Days	Occupancy Rates	Number of Admissions	Number of Bed Days	Occupancy Rates	Number of Admissions	Number of Bed Days	Total Admissions	Total Bed Days
FISCAL YEAR <i>April 1 - March 31</i>										
2021-2022	323	13,054	94%	28	1,094	99%	71	3,389	422	17,537
2022-2023	249	10,760	78%	44	1,672	153%	43	1,925	336	14,357
2023-2024	326	13,001	59%	19	444	49%	19	0	345	13,445
2024-2025	392	14,315	95%	142	4,909	90%	142	217	542	19,441
2025-2026	380	13,963	93%	146	5,049	92%	69	2,731	595	21,743

MEDICALLY SUPPORTED DETOX	RECOVERY ALBERTA			SK HEALTH AUTHORITY			FEE FOR SERVICE				
	Number of Admissions	Number of Bed Days	Occupancy Rates	Number of Admissions	Number of Bed Days	Occupancy Rates	Number of Admissions	Number of Bed Days	Total Admissions	Total Bed Days	
FISCAL YEAR <i>April 1 - March 31</i>											
2021-2022	287	2,039	98%	91	596	82%		37	268	415	2,903
2022-2023	3	41	1%	1	41	6%		0	0	4	82
2023-2024	0	0	0	0	0	0		0	0	0	0
2024-2025	278	1,757	60%	48	346	40%		5	22	331	2,125
2025-2026	320	1,997	91%	165	1,227	67%		61	406	546	3,630

FUNDED BEDS BY FISCAL YEAR <i>April 1 - March 31</i>	ALBERTA		SASKATCHEWAN	
	Detox	Residential	Detox	Residential
2021-2022	8	38	2	3
2022-2023	8	38	2	3
2023-2024	0	60/45	0	0/15
2024-2025	12/10/6	41	0/2/5	15
2025-2026	6	41	5	15

NOTES:

• Medically Supported Detox closed from May 2022 and reopened April 2024

• 2022-2023 Saskatchewan allowed Detox beds to be used as Residential beds due to detox closure

• 2023-2024 (May 2023) – TRC shut down for approx. 80 days. Saskatchewan contracted 15 residential beds in February 2024

CAPITAL EXPANSION UPDATE

At the 2024 Annual General Meeting, members approved a proposal that would allow the Society to pursue a significant capital expansion project. The concept included:

- A new residential treatment wing adding 13 treatment beds (six double-occupancy rooms and one single-occupancy room), along with additional group space and laundry facilities.
- A new 120-person lecture hall adjacent to the gymnasium.

The proposed expansion would have added approximately 5,115 square feet to the facility and was initially estimated to cost between \$1.8 million and \$2.1 million, excluding furnishings, equipment, audiovisual systems, and other operational requirements. The rationale for the project was rooted in the ongoing demand for residential treatment services and the consistently large waitlist for admission.

Recognizing the importance of this opportunity, members approved a motion authorizing the Board to secure up to \$2.3 million in additional financing to support the project.

Project Review

Following membership approval, the Board undertook further due diligence, including seeking additional pricing and proposals from alternative vendors. As more detailed information became available, it became apparent that the scope, costs, and long-term operational implications of the project required further evaluation.

The most comprehensive proposal received indicated project costs could exceed the original estimates, with additional uncertainty surrounding final construction, furnishing, and operational expenses. Given the size of the investment and the long-term commitment required, the Board determined that a more thorough assessment was necessary before proceeding.

Following the departure of former CEO Derek Keller in May 2026, the Board and Senior Leadership Team reviewed the project in its entirety and decided to

pause the expansion initiative. The proposed 13-bed residential addition has been cancelled at this time, while the lecture hall project has been placed on hold pending further review.

The Organization has incurred the following costs during the planning phase:

ITEM	COST
Design and Schematics	\$30,396
Geotechnical Investigation	\$10,762
Topographical Survey	\$6,099
Total `	\$47,257

Importantly, no penalties or additional cancellation costs were or will be incurred as a result of pausing the project.

WHY THE PROJECT HAS BEEN PUT ON HOLD

The decision to pause the project was driven by several strategic considerations:

Funding and Demand Considerations

While demand for treatment services remains strong, the majority of individuals on our waitlist are seeking provincially funded treatment placements. At present, there is no commitment from Alberta or Saskatchewan to fund additional treatment beds. Expanding capacity without corresponding funding creates uncertainty regarding future occupancy and financial sustainability.

Long-Term Financial Stewardship

The proposed project would have been funded primarily through increased borrowing and the use of reserve funds. Before making an investment of

this magnitude, the Board believes it is prudent to explore additional funding opportunities, including grants, partnerships, and fundraising initiatives that could reduce the financial burden on the Society.

Operational Capacity

Adding residential beds would increase the number of clients served, but it would not significantly expand many of the shared spaces that support daily operations, including dining areas, common spaces, fitness facilities, offices, and support services. A larger resident population would require additional staffing and infrastructure, and those needs must be carefully assessed to ensure the quality of care is maintained.

Clinical Considerations

Our priority remains delivering the highest possible quality of care. As occupancy approaches existing facility limits, there is increased pressure on shared spaces, programming, and clinical resources. Before increasing capacity, it is important to ensure that any expansion supports positive client outcomes and enhances, rather than dilutes, the treatment experience.

Facility Planning

The proposed locations of both the residential wing and lecture hall raised questions regarding long-term site planning, operational efficiency, accessibility, and future growth opportunities. The Board felt additional planning work was needed to determine the best use of the property and ensure any future expansion aligns with the Centre's long-term vision.

Need for a Comprehensive Assessment

Perhaps most importantly, a formal needs assessment had not yet been completed. Before committing to a major capital project, the Board believes it is essential to fully evaluate future facility requirements, staffing needs, program demands, and growth opportunities to ensure that any investment directly supports the Society's mission and strategic objectives.

WHERE WE STAND TODAY

At present:

- The proposed 13-bed residential expansion has been cancelled.
- The proposed lecture hall remains on hold pending:
 - The hiring of a new CEO;
 - Completion of a comprehensive needs assessment;
 - Evaluation of future facility, occupancy, staffing, and expansion requirements; and
 - A future competitive tender process that provides vendors sufficient information and time to submit accurate proposals.

Looking Forward

The decision to pause the expansion project should not be viewed as abandoning future growth. Rather, it reflects the Board's commitment to careful planning, financial responsibility, and long-term sustainability.

Early discussions continue to indicate that additional meeting and gathering space, including a larger lecture hall, may be beneficial to support future programming and events. However, before proceeding with any major capital investment, the Board intends to complete a comprehensive needs assessment and develop a clear long-term plan that aligns with both our operational requirements and funding realities.

By taking the time to fully evaluate our needs today, we will be better positioned to make informed decisions that support the Centre's mission and ensure responsible stewardship of Society resources for years to come.

Yes! I want to support Recovery today!

Please accept my gift of: ☐ \$250 ☐ \$100 ☐ \$50 ☐ \$25 ☐ Other: \$ _____

which is a: ☐ **One Time Gift** ☐ **Monthly Gift**

For: ☐ **Area of Greatest Need** ☐ **Other:** _____

☐ **Capital Fund**
This fund helps us reduce our mortgage and make repairs to the facility, keeping it safe and secure for those we serve.

☐ **Thorpe Run Club**

Payment:

☐ Cash (Please do not put cash in the mail; you may drop it off during regular business hours)

☐ My cheque made payable to the Thorpe Recovery Centre is enclosed

I prefer to use my: ☐ **Visa** ☐ **MasterCard**

Card Number: _____ Expiry (MM/YY): _____

My Information:

Name: _____

Address: _____

City: _____ Prov: _____ Postal: _____

Phone: _____ Email: _____

DOB: _____ Occupation: _____

☐ **Please keep my donation anonymous** ☐ **Keep me updated by email**

Signature: _____ **Date:** _____

Note: Charitable Receipts will be issued by Thorpe Recovery Centre for eligible donations over \$25.00.

Walter A. "Slim" Thorpe Recovery Centre Society
PO Box 291, 21060 Tranquility Way, Blackfoot, Alberta T0B 0L0
1.877.875.8890
giving@thorperecoverycentre.org | thorperecoverycentre.org
Charitable Registration Number 108189093 RR0001

Scan to Donate





P.O. Box 291, 21060 Tranquility Way, Blackfoot, AB T0B 0L0

Phone: 1.780.875.8890 | Toll Free: 1.877.875.8890